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著者:John Updike

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S. is Sarah Worth -- doctor's wife, North Shore matron, loving mother, and now (suddenly!) ardent follower of a Hindu religious leader known as the Arhat. As this

brilliant and very funny novel opens, Sarah is fleeing the confinement of her suburban life to become a sannyasin (pilgrim) at her guru's Arizona ashram.

In the letters and audiocassettes that Sarah sends to her husband, daughter, mother, brother, best friend -- to her psychiatrist and her hairdresser and her dentist -- master novelist John Updike gives us a witty comedy of manners, a biting satire of life on a religious commune, and the story -- deep and true -- of an American woman in search of herself

of herself.		
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