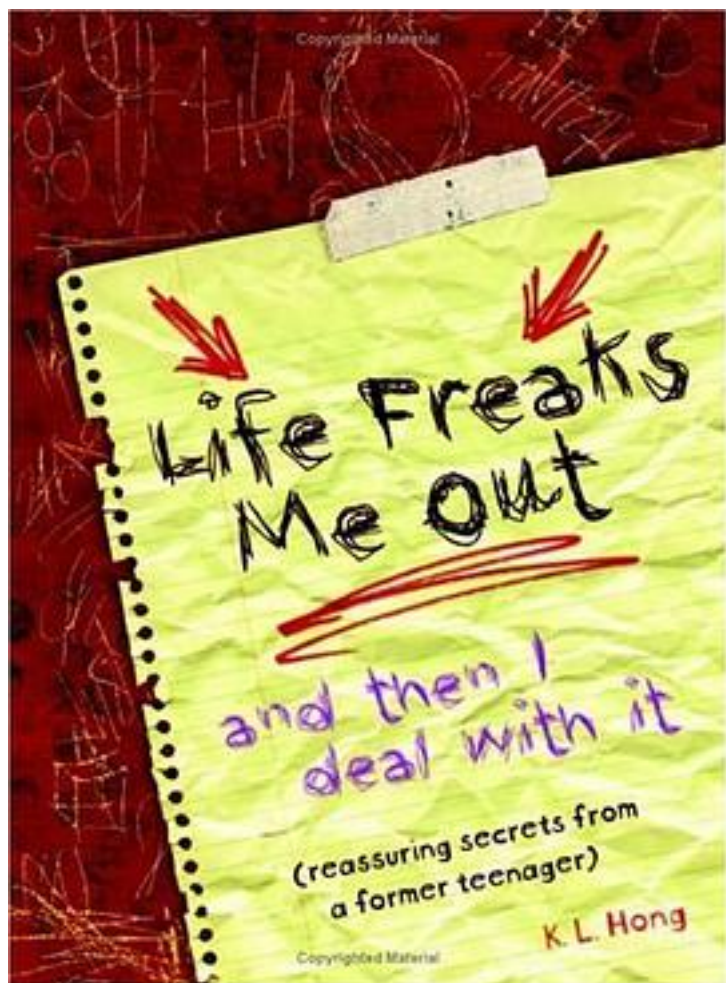


Life Freaks Me Out



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Inspired by the concerns of real teenagers, this thoughtful memoir addresses the many turbulent, confusing, and exhilarating situations teens face. Big questions such as Who

am I?, What's important to me?, and What am I called to do on this planet? are explored in candid autobiographical essays as well as bits of wisdom garnered from relatives, ancient poets, popular movies, coworkers, and a host of other sources. Sexuality, drug use, friendships, stress management, and self-esteem are among the important adolescent topics that this personal memoir addresses with warmth, compassion, and wit.

作者介绍:

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