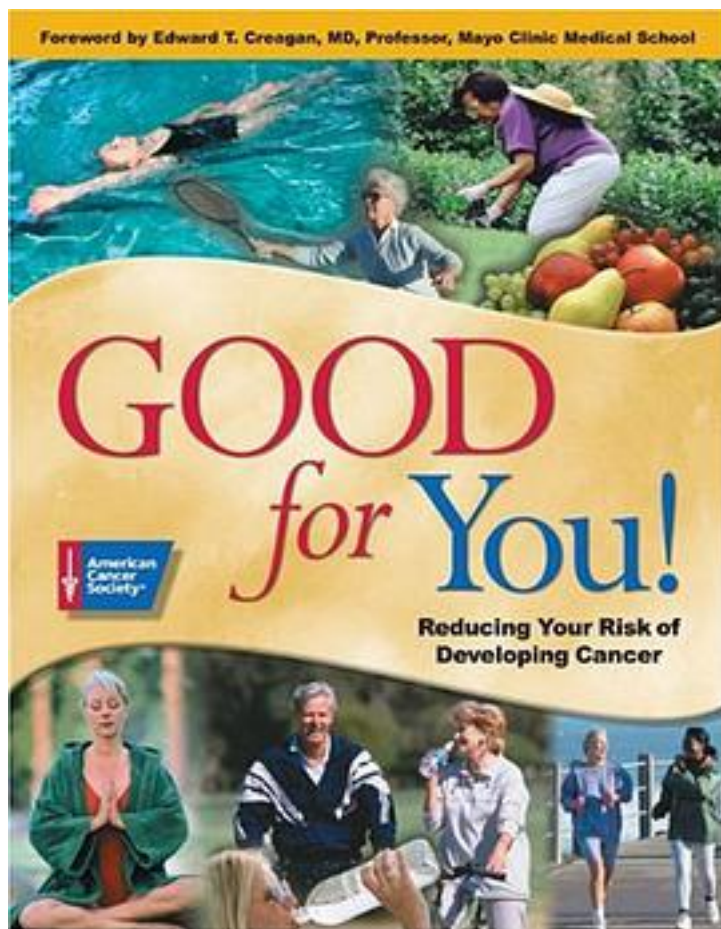


Good for You!



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Learning about nutrition is made cool! Created to empower children with the information needed to help make the right nutritional choices, Good For You! combines basic health facts and a playful format of card games, recipes, quizzes, trivia,

and meal planning charts designed to teach and assess a child's knowledge of proper nutrition.

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