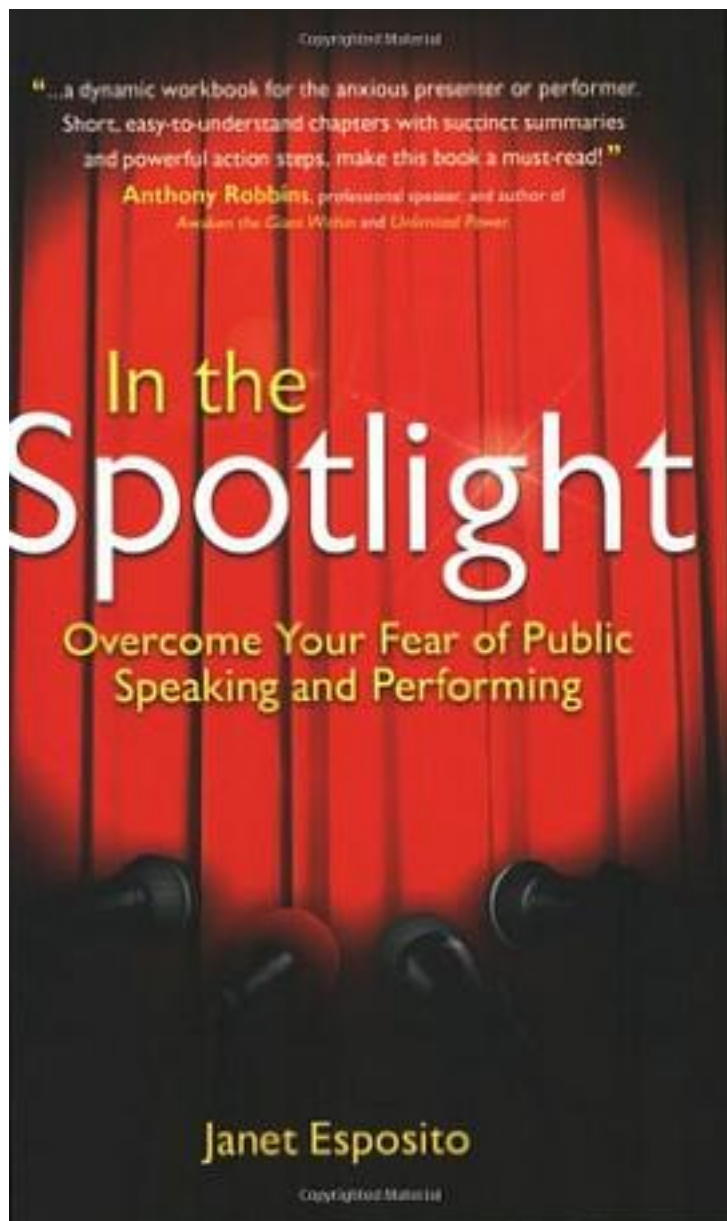


# In the Spotlight



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著者:Esposito, Janet E.

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In The SpotLight is a real gift to people experiencing any degree of fear or discomfort in speaking or performing in front of others, either in formal or informal settings. Janet Esposito demonstrates sensitivity, wisdom, and passion in guiding her readers on a path to overcoming their fears and discovering a new-found freedom and power in self-expression. Her enthusiasm for her topic makes for easy and lively reading. You will want to read In The SpotLight if you have any anxiousness in speaking or performing in front of others!

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