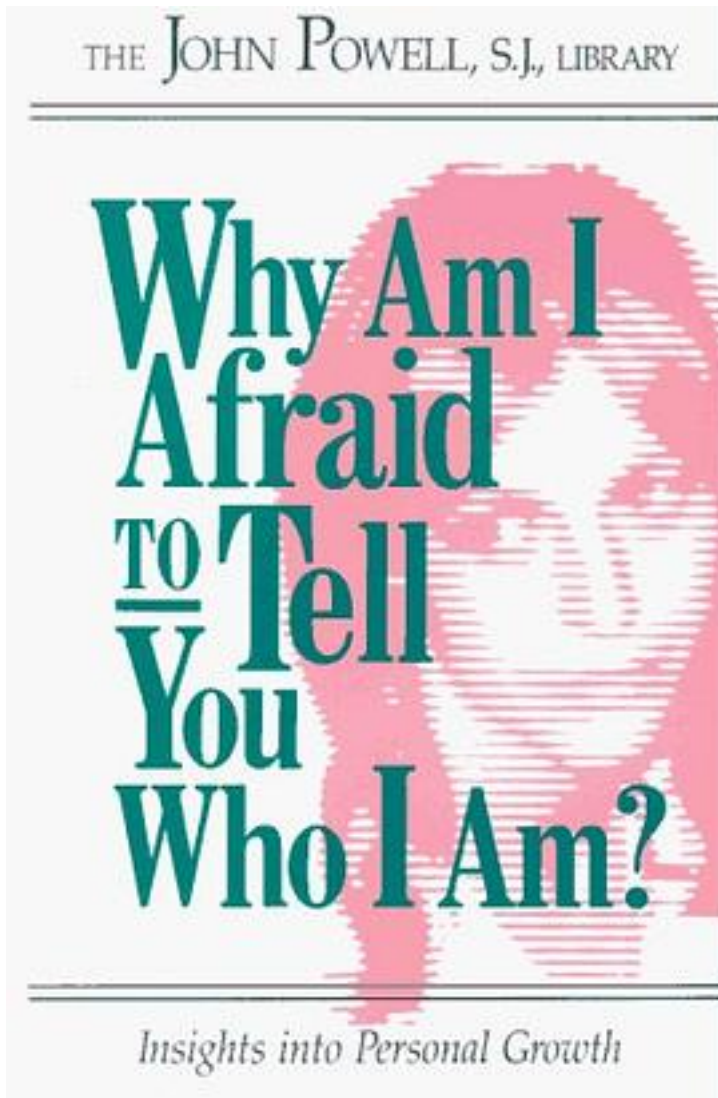


Why Am I Afraid to Tell You Who I Am? Insights into Personal Growth



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Only when we face our fears can we learn to like ourselves and trust that others will accept us. This extraordinary book has changed countless lives.

作者介绍:

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书评

这应该算是一本个性心理学的书，但是我看着却十分励志。
书的篇幅不多，字数简练，只要短短一天不到的时间便可以通读，在阅读的过程中，每每拍案叫绝。美国人在研究人的个性和心理方面果然十分深入，难怪走在学术前沿。
本书出版于92年，但是这本92年的书...

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