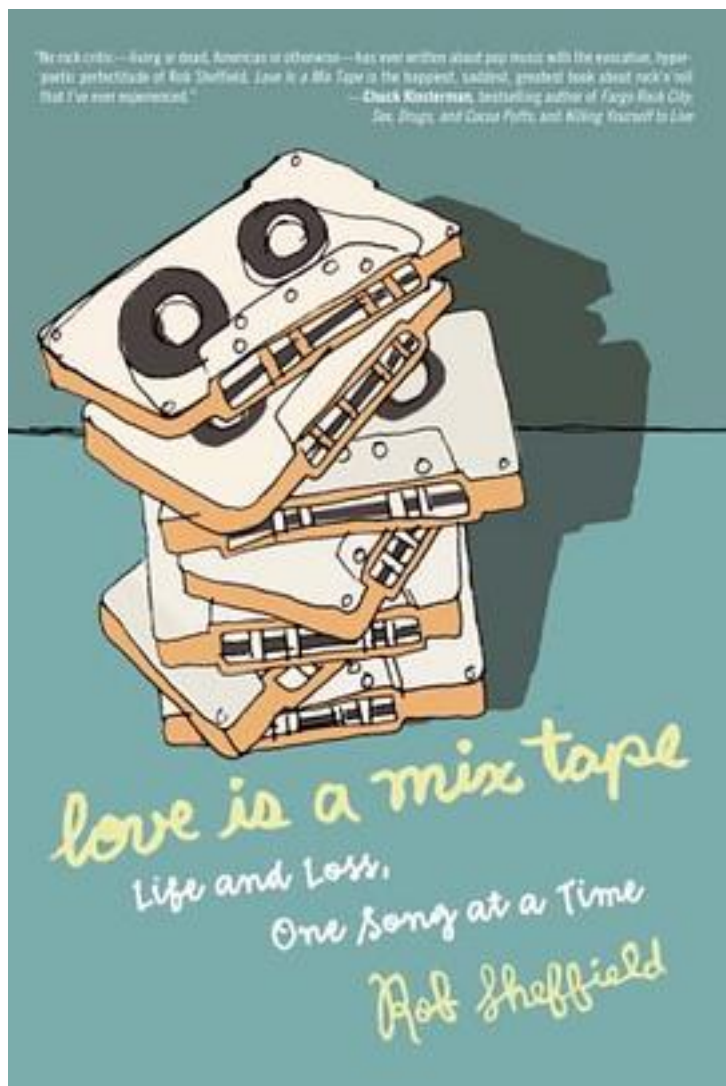


Love Is a Mix Tape



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著者:Rob Sheffield

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What Is love? Great minds have been grappling with this question throughout the ages, and in the modern era, they have come up with many different answers. According to Western philosopher Pat Benatar, love is a battlefield. Her paian Frank Sinatra would add the corollary that love is a tender trap. Love hurts. Love stinks. Love bites, love bleeds, love is the drug. The troubadours of our times agree: They want to know what love is, and they want you to show them. But the answer is simple: Love is a mix tape.

In the 1990s, when “alternative” was suddenly mainstream, bands like Pearl Jam and Pavement, Nirvana and R.E.M.—bands that a year before would have been too weird for MTV—were MTV. It was the decade of Kurt Cobain and Shania Twain and Taylor Dayne, a time that ended all too soon. The boundaries of American culture were exploding, and music was leading the way.

It was also when a shy music geek named Rob Sheffield met a hell-raising Appalachian punk-rock girl named Renée, who was way too cool for him but fell in love with him anyway. He was tall. She was short. He was shy. She was a social butterfly. She was the only one who laughed at his jokes when they were so bad, and they were always bad. They had nothing in common except that they both loved music. Music brought them together and kept them together. And it was music that would help Rob through a sudden, unfathomable loss.

In *Love Is a Mix Tape*, Rob, now a writer for *Rolling Stone*, uses the songs on fifteen mix tapes to tell the story of his brief time with Renée. From Elvis to Missy Elliott, the Rolling Stones to Yo La Tengo, the songs on these tapes make up the soundtrack to their lives.

Rob Sheffield isn't a musician, he's a writer, and *Love Is a Mix Tape* isn't a love song— but it might as well be. This is Rob's tribute to music, to the decade that shaped him, but most of all to one unforgettable woman.

作者介绍:

Rob Sheffield is a contributing editor at *Rolling Stone* magazine. In addition to writing music reviews and profile stories, Sheffield also writes the Pop Life column in the Mixed Media section of the magazine. His work has also been featured in *The Village Voice* and *Spin*. A native of Boston, Sheffield attended Yale and the University of Virginia, and is six foot five.

His first book, *Love is a Mix Tape: Life and Loss, One Song at a Time* (an excerpt of which was featured in the January 2007 issue of *GQ*), was released by Random House in January 2007. It received starred reviews in *Publisher's Weekly* and *Library Journal*.

目录:

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标签

音乐

摇滚

爱情

美国

英文原版

小说

英语

原版书

评论

不想承认这种越读越嫉妒的情绪，lonesome star, shine on
是啊嫉妒得我快要自怜自艾了。总之pavement脑残粉必读，美国90s文化脑残粉必读（nirvana一代，my so called life一代，johnny depp和winona ryder一代！）！music nerd必读（synth pop duo的crush幻想又浪漫又喜感）！还有那句nothing connects to the moment like music也是我的心声！！

晕，看到三年前我写在讨论区的吐槽 ==。

跟Bob的Playlist重合度並不高，但心有戚戚感漸漸將閱讀催化成一場極受用的懷舊體驗。

非常delightful的music junkie的情书啊。

整本书出现的歌曲数以百千记，推荐不过来

读起来真没感觉

Love is a mix tape~ 最近原版读太多，已然收不住了~ 太精彩~

看的时候总想起离开高中奔赴小岛前
给当时自习课总一人一边耳塞听歌的小伙伴录了四张cd 还每张画了很丑的封面 好吧
说的就是你

音乐像一盘刻录了记忆的磁带，美好的回忆使它更好，糟糕的记忆可能毁了它，但是幸运的是生活在继续，总有机会洗掉重来

摇滚书

Heartbreaking...

歌单的最早形式。Every mix tape tells a story. Put them together, and they add up to the story of a life. 一辈子能找一个像自己一样热爱听rock'n'roll的人，难。摇滚和Renée两者都是组成了关于Rob的故事，缺一不可。Renée死后，Rob生不如死，而他再也没有机会与Renée一起听她最喜爱的PAVEMENT.直到有了iPod，大家都听mp3，Rob问，What is love?The answer is love is a mix tape.

给了pavement一个机会

I grieve that grief can teach me nothing.

把手机系统调成英文，发现网易云的歌单果然还是"mix"! 读完。2018的flag总算少一个
...

已經很久沒有念一本書念得這麼感動了，愛和音樂的交織，愛就是音樂，音樂就是愛。作者的生命生活已經和愛交織在一起了。這也是一本致敬90年代文化的書，那個時候，不光是美國，全世界的文化都突然經歷了巨變。所有舊的規則都被打破，包括中國在內。想想，能愛上音樂真是一件幸運的是，能通過他找到自己愛的人，可能是更加幸運的。

The troubadours of our times all agree: They want to know what love is, and they want you to show them. But the answer is simple. Love is a mix tape.

前面还挺有意思的

越到期末越想要看书看剧看电影。@曲奇山 终于看完了这本。 One song at a time, and let's find yummy xianxianggurou in BJ.

最大的感触是mixtape比playlist承载感情和记忆的能力要高得太多了。作者亲切而真实的人生回忆录于我实在既不有趣也无意思，随机播放的对应歌单也很不优秀，还是及时止损，放弃了。

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书评

我们都有自己最喜爱的自制卡带。打开一盘，放进录音机，按下播放键，你会即刻被送

往生命中的另一段时光。对罗布·谢菲尔德来说，他的这段时光写满了不可思议的爱与难以承受的痛。这段时光跨越七年，开始于他与梦想中的女孩相遇，而他看着这个女孩在自己怀里死去，以此作为七...

沉迷于唱片、卡口带的当年.....我像嗅觉灵敏的狗一样，能搜寻到每个去过的城市犄角旮旯里的尖货，并随之欣喜、失落和陶醉。这变成生活的全部。每天盯紧进货消息来源，准备出动，像满怀占有欲地盯着一个放荡而多情的情人，我不能让别人得到它！然后我发现自己住的房子太他妈小...

一本以音乐和记忆开始的书。似乎在所有的记忆载体中，没有比歌儿更为持久牢靠又难以捉摸的了。或许因为直接的情绪触动，或许因为随处的不期而遇，歌儿总是在不经意间打开往昔的闸门。当我们要躲开一段记忆和经历时，那些过去的歌谣会像甩不脱的负赘，纠缠不休。比如，“乡村歌...

罗布谢菲尔德可真牛逼，虽然我完全无法理解。但只要把他这个主题——爱换为道，那几乎是可以不换汤药的组合工厂。谁人把所有时间耗费在谁身躯上，其人就知道你这工厂生产的其人是什么图纸，哪怕这镜像与你听的摇滚完全不同，烂歌遍布。人，这本自传是需要两个作者互相写的，他...

一本以音乐和记忆开始的书。似乎在所有的记忆载体中，没有比歌儿更为持久牢靠又难以捉摸的了。或许因为直接的情绪触动，或许因为随处的不期而遇，歌儿总是在不经意间打开往昔的闸门。当我们要躲开一段记忆和经历时，那些过去的歌谣会像甩不脱的负赘，纠缠不休。比如，“乡...

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