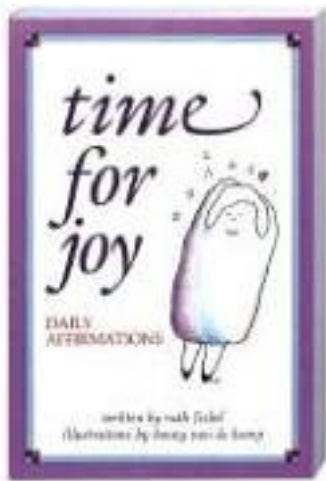


Time for Joy



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著者:Ruth Fishel

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Words can inspire, motivate and change us if we let them. Words can lift us to action. Words can move us to anger and rage or to love and tears. Most important, words can heal.

May the words in this book be an inspiration for you when and as you need it. Read it by the page, one day at a time, or at random as you are so moved. Know that you are worthy of joy, that you deserve to have joy in your life. May you take this time to find joy and may you know peace and love.

作者介绍:

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