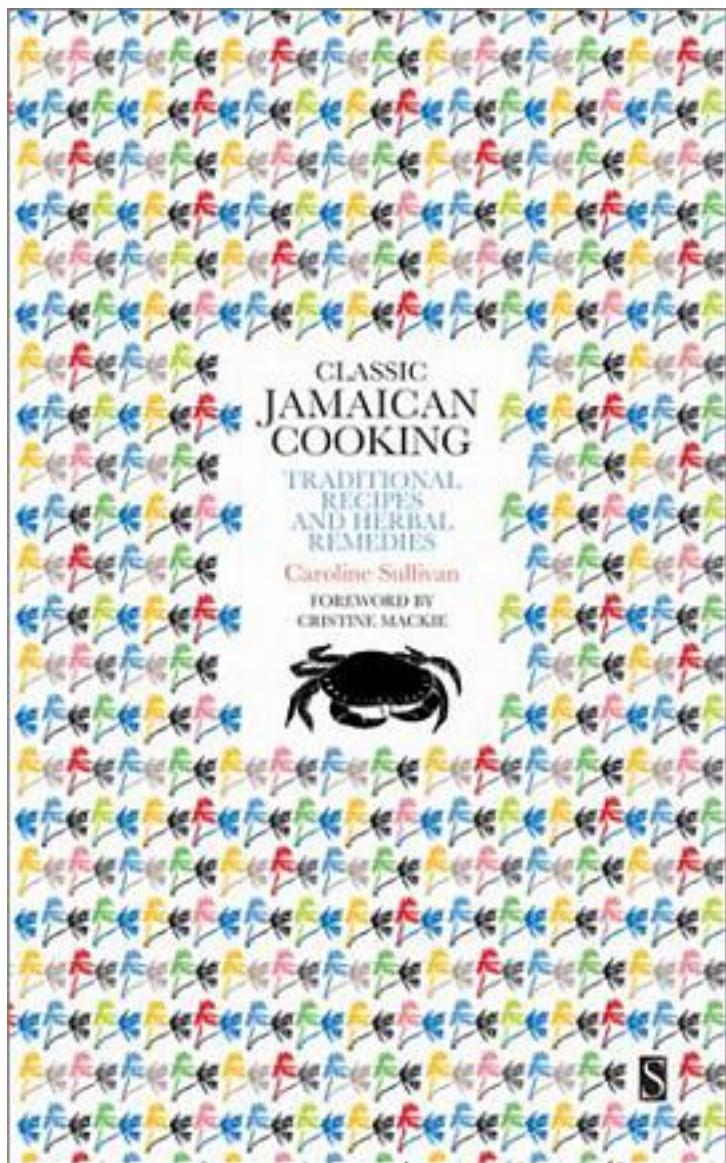


# Classic Jamaican Cooking



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Covering all aspects of Jamaican cuisine from soups to preserves, fish to ices, Classic Jamaican Cooking also presents a range of traditional herbal remedies and drinks. With its blending of European and African influences, Jamaican cooking rests on a foundation of tropical fruits and vegetables, and the author draws out the full range of their flavors in one of the world's most interesting cuisines.

作者介绍:

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