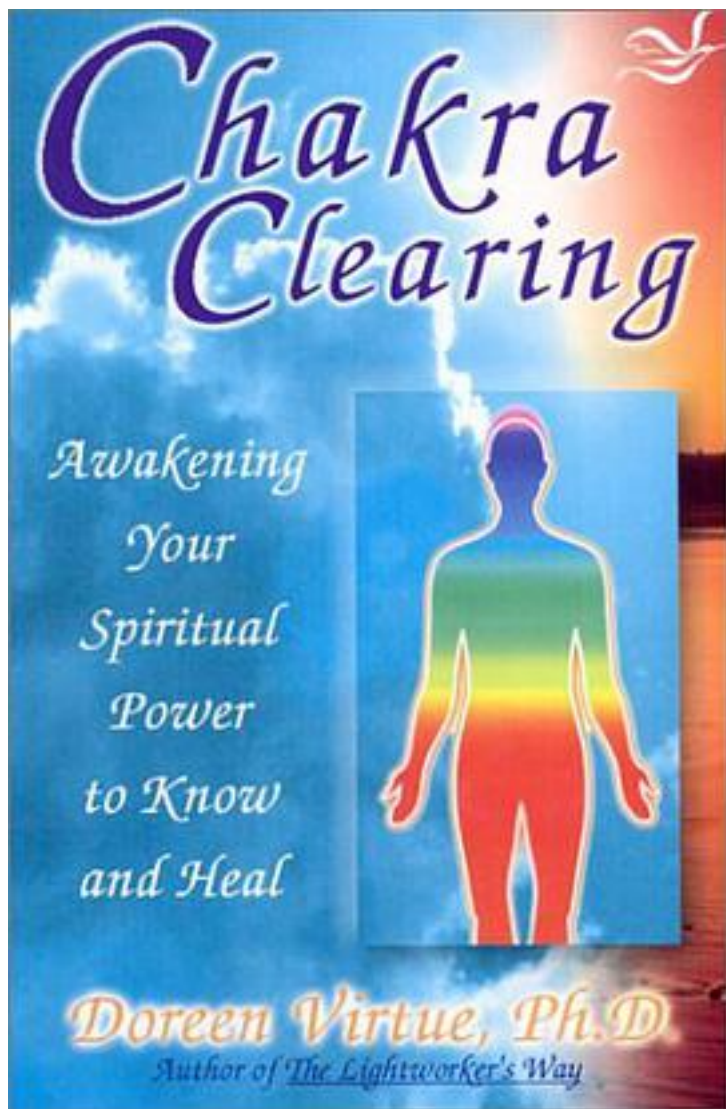


Chakra Clearing



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出版者:Hay House

出版时间:2004-1-1

装帧:Hardcover

isbn:9781401902773

Dr. Virtue guides you through meditations and visualizations to clear your chakras, which activates your inborn healing and psychic abilities. Enclosed is a meditative CD that complements the material in the book. The CD starts with a morning meditation designed to begin your day with a bright, positive energy frequency and surround you with healing light. The relaxing evening meditation that follows clears away energy that you may have absorbed during the day and invites angels to enter your dreams to give you divine messages.

作者介绍:

目录:

[Chakra Clearing_下载链接1](#)

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