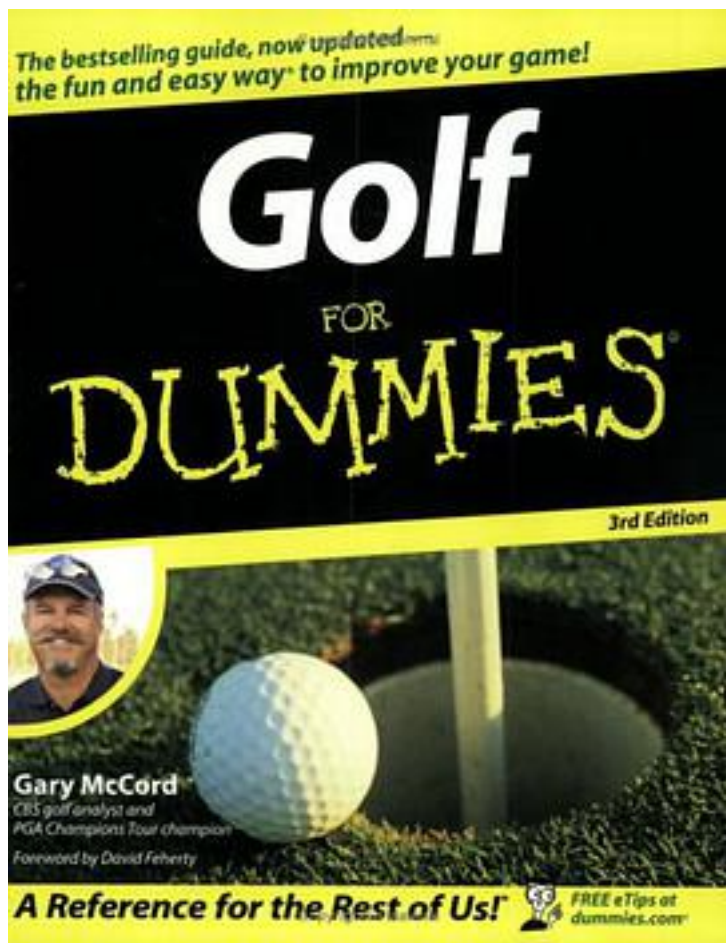


Golf For Dummies



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著者:Gary McCord

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Book Description

When it comes to improving your golf game, everyone's an expert, even other beginners who don't play any better than you. Get help from real experts. *Golf For Dummies*, Third Edition, features easy-to-follow instructions for hitting the ball farther and straighter, and shaving strokes off your game. It gives you:

- * Advice on adjusting your grip, stance, and swing
- * Helpful tips from the top players in the game
- * New methods for improving improve your short game
- * Exercises tailored to keep you fit and improve your game
- * Reviews of the latest golfing equipment
- * The latest on new organizations and websites for golfers
- * Details about great new courses
- * Accounts of golf's greatest moments and players

Playing golf is fun—playing better is even more fun. With a little help from *Golf for Dummies*, Third Edition, you'll have the time of your life whenever you lace up your cleats.

From the Back Cover

Let Gary McCord show you how to get into the swing of things

Welcome to Gary McCord's bestselling course on golf! Whether you're new to the sport or a long-suffering duffer, Gary reviews the basics and shows you shot by shot how to shave strokes off your game. Now featuring new tips and updated coverage of courses, players, and equipment, it's the one book you need before you say "Fore!" again.

Discover how to:

- * Improve your grip, stance, and swing
- * Fix common faults
- * Perfect your short game
- * Get up to speed on rules and etiquette
- * Make the most of high-tech equipment
- * Shape up with golf-specific exercises

Amazon.com

If you don't know the difference between a lob wedge and a lemon wedge, check out *Golf for Dummies*, by CBS commentator Gary McCord, one of the game's most colorful--and knowledgeable--characters. It's a wonderful, often hilarious, never boring introduction to the game. Don't let the foreword by Kevin Costner or the afterword by

Hootie and the Blowfish confuse the issue; this is a terrifically sound, easy-to-follow primer. McCord's potato-chip drill--yes, potato-chip drill--will revolutionize your swing, and your thinking, with overtones that could spill directly into off-the-course existence, as well.

Book Dimension

length: (cm)23.3 width:(cm)18.7

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