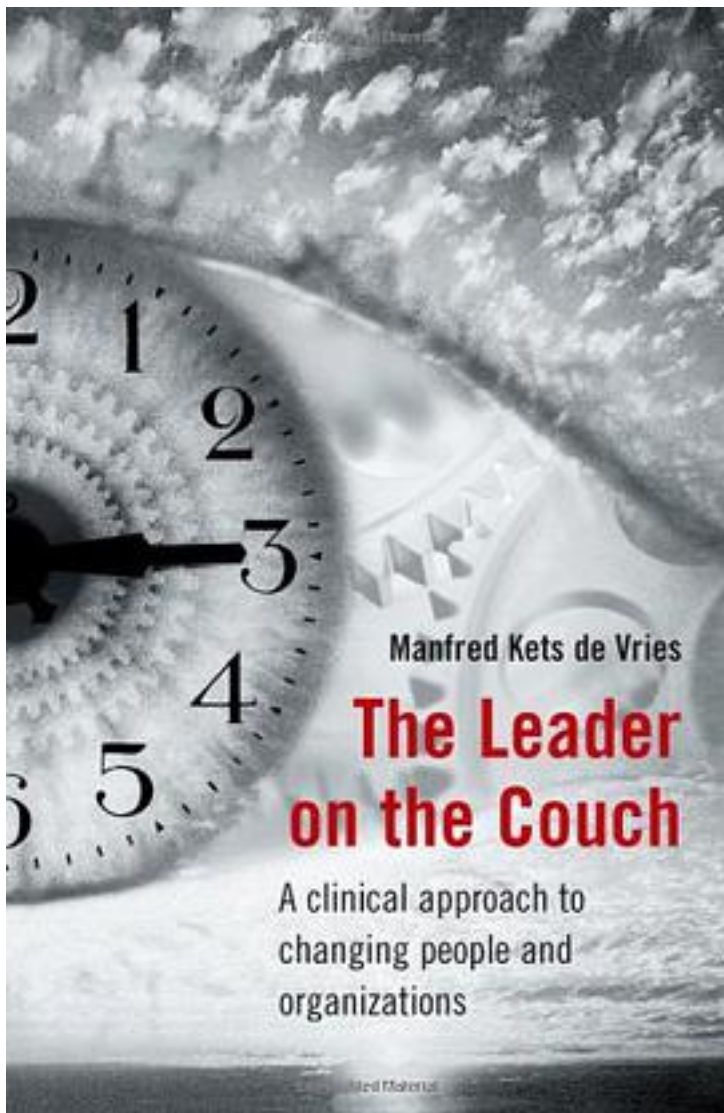


The Leader on the Couch



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著者:Manfred F. R. Kets de Vries

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Despite the proven benefits of emotional intelligence, organizational life has typically been hostile to the inner world of feeling. Rationality is deemed superior to feeling, which can contaminate judgment. But without feeling there is no passion, and no action. This book sets out to change people and organizations for the better, by revealing the ‘dark side’ of leadership behaviour and its impact on performance. Tapping into the startling parallels between the journey to emotional intelligence, the process of psychoanalysis, the practice of leadership coaching and the Zen journey to enlightenment, renowned thinker Manfred Kets de Vries helps executives, consultants, and coaches to peel back the layers of self-deception and reveal how inner personality – largely hard-wired since early childhood – affects the way they lead and manage others.

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