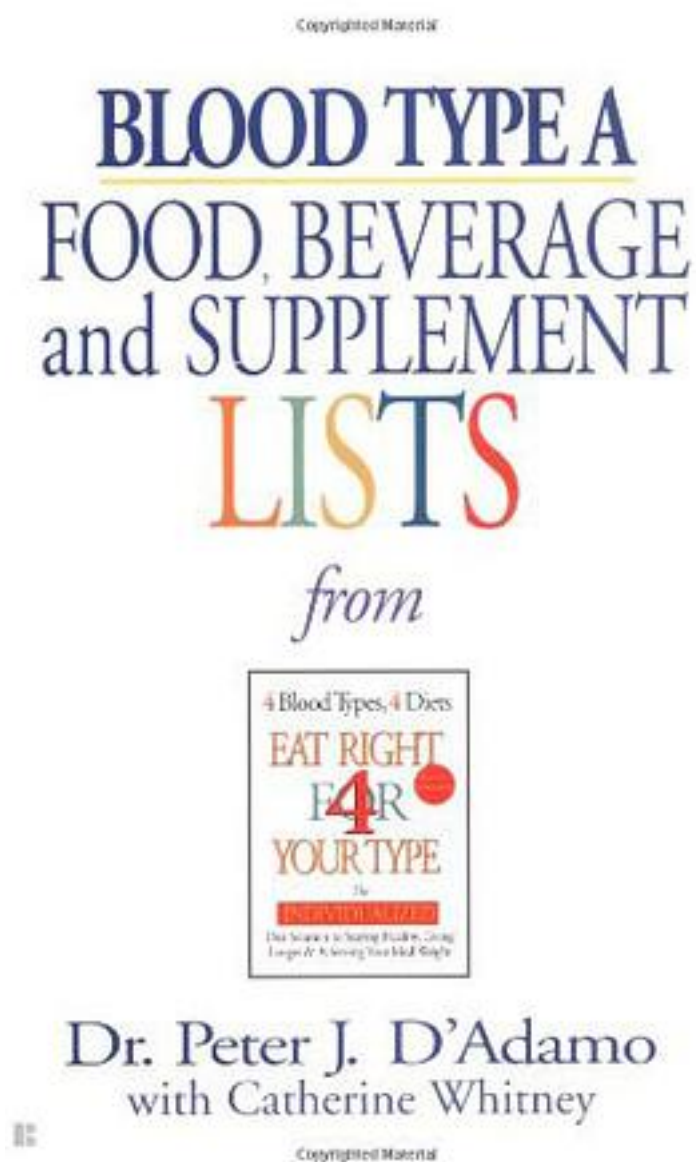


Blood Type A



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著者:Peter J. D'Adamo

出版者:Berkley Books

出版时间:2002

装帧:Mass Market Paperback

isbn:9780425183113

在线阅读本书

Book Description

These portable and personal blood type guides to staying healthy offer advice on the best foods, beverages, and supplements for each blood type. They include complete listings of recommendations for meats, vegetables, fruits, drug interactions, resources and support, and more.

Book Dimension

length: (cm)16.3 width:(cm)10.4

作者介绍:

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