

Babycare Before Birth



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出版者:

出版时间:2006-4

装帧:

isbn:9781405310581

Bringing together fascinating new research that shows during pregnancy a woman can make a dramatic difference to her unborn baby's health, well-being, development, and all-round future potential by making small adjustments to her diet and lifestyle, this amazing book explains how to give your baby the best possible start in life. --This text refers to the Paperback edition.

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