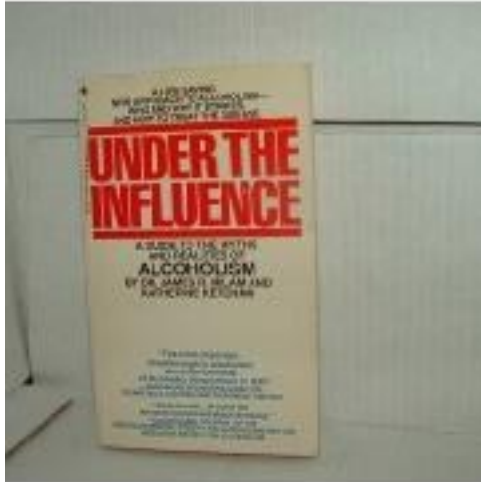


Under the Influence



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出版者:Bantam

出版时间:1984-07-01

装帧:Mass Market Paperback

isbn:9780553274875

Ten of millions Americans suffer from alcoholism, yet most people still wrongly believe that alcoholism is a psychological or moral problem, and that it can be cured by psychotherapy or sheer will power. Based on groundbreaking scientific research, Under The Influence examine the physical factors that set alcoholics and non-alcoholics apart, and suggests a bold, stigma-free way of understanding and treating the alcoholic.

How to tell if someone you know is an alcoholic.

The progressive stages of alcoholism.

How to get an alcoholic into treatment -- and how to choose a treatment program.
Why frequently prescribed drugs can be dangerous -- even fatal -- for alcoholics.
How to ensure a lasting recovery.

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