

Food for Thought: Philosophy and Food



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What are the moral implications of our attitude to food and what are the implications of its importance in our culture? Food for Thought looks at the philosophical issues raised by food. This short and accessible book answers questions about the place food should have in our individual lives. Food for Thought brings together the work of philosophers from Plato to John Stuart Mill, Aristotle to Kant to help us think about the issues surrounding food. How can we justify the recent explosion of attention given to gourmet food in a world where many are starving? Do we have a duty to be healthy? Are hospitableness and temperance moral virtues? Is the pleasure of good food illusory? Food for Thought is intended to make those who are involved in working with food think about some of the principles inherent in this field. For those studying philosophy, the book shows how traditional philosophy, and some of its classic texts can illuminate an everyday subject.

作者介绍:

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