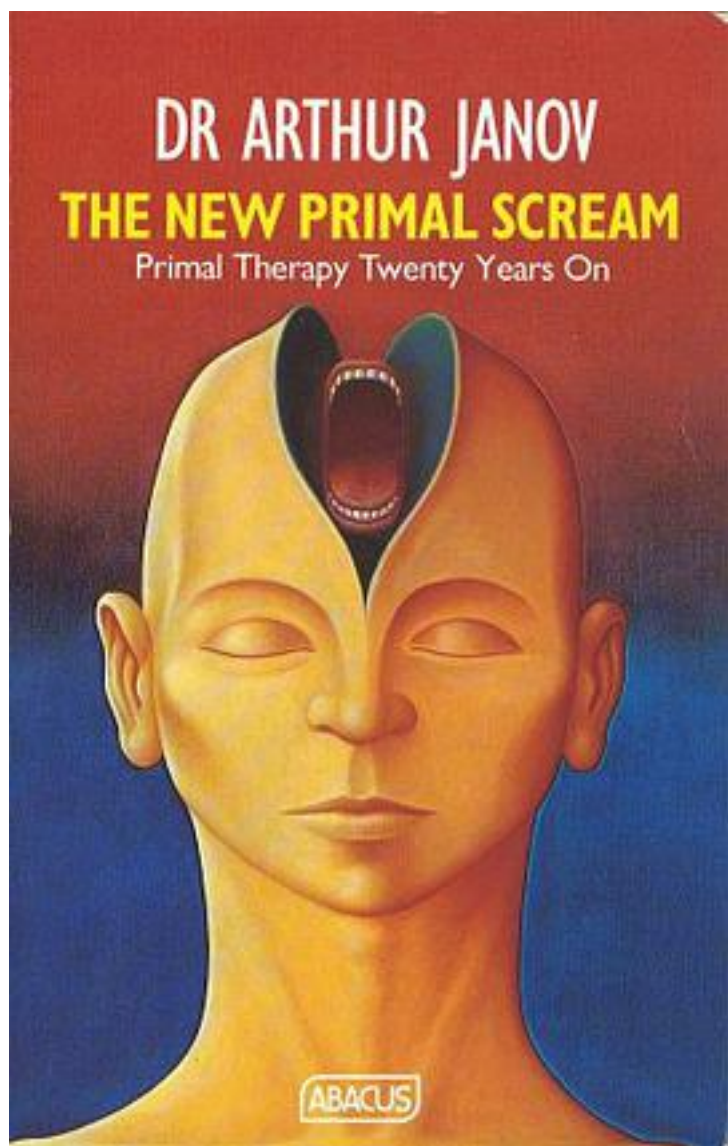


The New Primal Scream



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著者:Arthur Janov

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Taking the primal therapy theory further, this book claims that repressed pain is bad not only for mental, but also for physical health. Quoting case histories, the author explains the benefits of applying his therapy, and uses examples such as helping people cope with their sexuality.

作者介绍:

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书评

14年蜜月在斯里兰卡首都一家书店随便买的一本书。书的内容是全英文的。当时抱着学英文的态度便买下了。读了小半年，基本读完了。内容偏向于心理学，给人以震撼。作者理论结合案例试图告诉我们所有的疾病（生理、心理）都是由出生及幼年时的心理创伤所导致的。其中关于肿瘤及其...

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