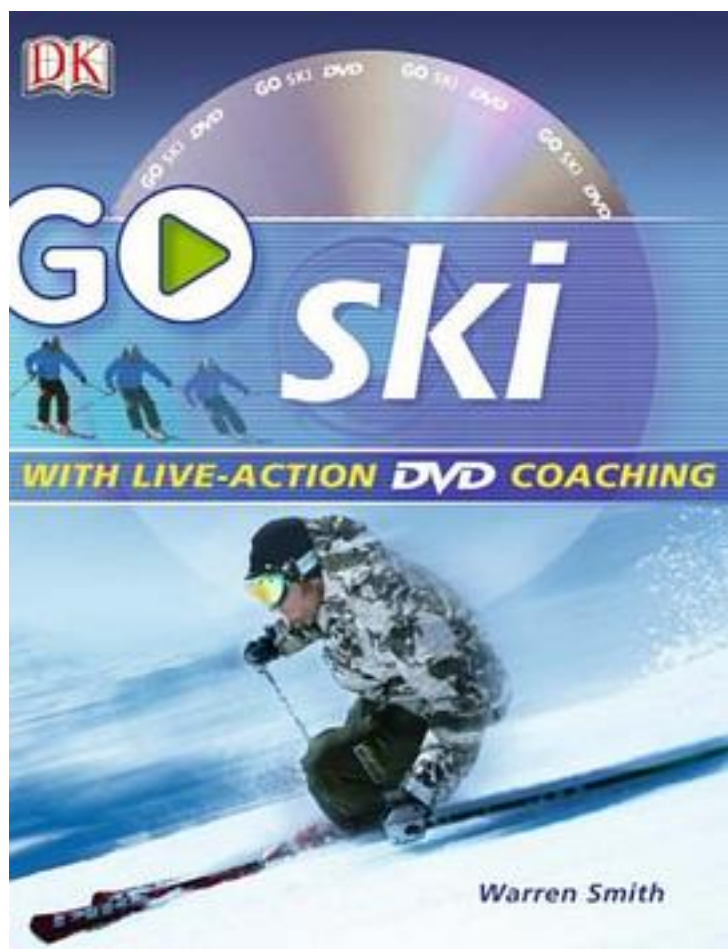


Go Ski



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著者:Warren Smith

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Synopsis

This work is the fast track to great skiing. Read it, watch it, do it with this innovative

book and 30-minute DVD for anyone itching to get up off the sofa and go! Clear step-by-step coaching and inspirational photography in the book will get you started or improve your skills. Then, master techniques with your own virtual coach - from the snowplough to parallel turns, the 30-minute DVD uses 360 degree live-action freeze-frame graphics and slow-motion sequences guaranteed to get you ready for the slopes in no time.

作者介绍:

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标签

滑雪

双板

评论

原装书，对于滑雪新手，和有一定水平的滑雪者想要进一步提高的朋友都很有帮助。图文并茂，非常实用。

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书评

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