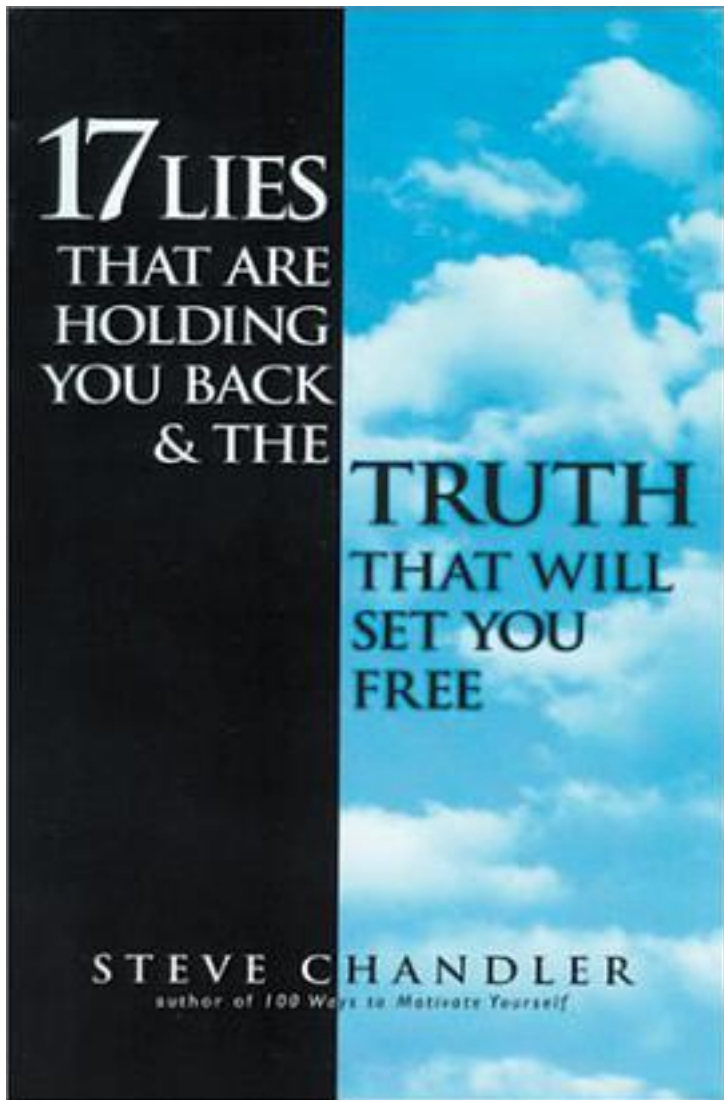


17 Lies That Are Holding You Back and the Truth That Will Set You Free



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著者:Steve Chandler

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Steve Chandler may be the best-kept secret in the world of motivation. His first book, "100 Ways to Motivate Yourself," has shipped over a hundred thousand copies. The audio edition listed for three consecutive weeks as the top-selling selection of the Audio Book Club. His second book, "Reinventing Yourself," published in 1999, is showing even greater strength. His clients include US West, Motorola, and the IRS.

"17 Lies That Are Holding You Back & the Truth That Will Set You Free" lists over twenty lies that most of us tell ourselves to prevent us from being everything we could be, lies such as: "It's who you know," "That's just the way I am," "I'm not good with people," "I'm too old . . .," "The longer I have a habit the harder it is to break," "Winning the lottery would solve everything," "I don't have the time," and "There's nothing I can do." Actually, as Chandler points out, you already have all the power you need to free yourself. And part 2 of his book outlines these truths and shows you how to recover them and use them to change your life.

In "17 Lies That Are Holding You Back," Chandler is in top form, going beyond the self-help category to the level of such inspirational classics as "The Road Less Traveled."

作者介绍:

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