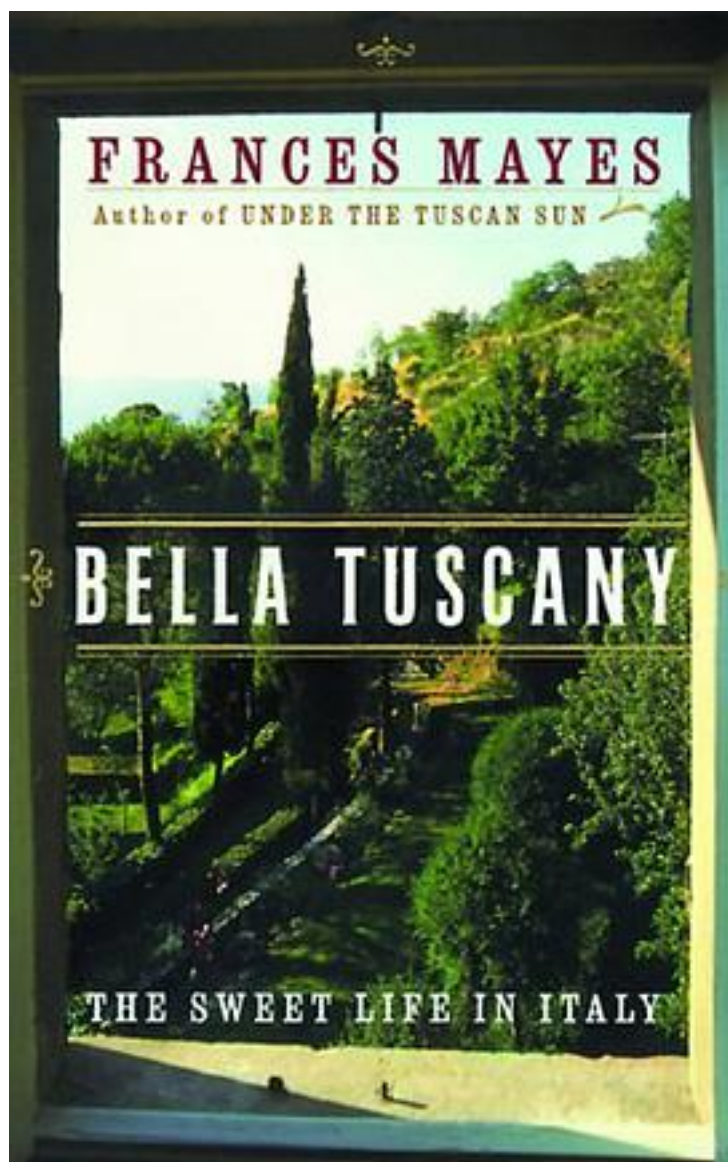


# Bella Tuscany



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著者:Frances Mayes

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Frances Mayes, whose enchanting #1 New York Times bestseller *Under the Tuscan Sun* made the world fall in love with Tuscany, invites us back for a delightful new season of friendship, festivity, and food there and throughout Italy.

Happiness? The color of it must be spring green, impossible to describe until I see a just-hatched lizard sunning on a stone. That color, the glowing green lizard skin, repeats in every new leaf. The regenerative power of nature explodes in every weed, stalk, branch. Working in the mild sun, I feel the green fuse of my body, too. Surges of energy, kaleidoscopic sunlight through the leaves, the soft breeze that makes me want to say the word "zephyr"--this mindless simplicity can be called happiness.

Having spent her summers in Tuscany for the past several years, Frances Mayes relished the opportunity to experience the pleasures of primavera, an Italian spring. A sabbatical from teaching in San Francisco allowed her to return to Cortona--and her beloved house, Bramasole--just as the first green appeared on the rocky hillsides.

*Bella Tuscany*, a companion volume to *Under the Tuscan Sun*, is her passionate and lyrical account of her continuing love affair with Italy. Now truly at home there, Mayes writes of her deepening connection to the land, her flourishing friendships with local people, the joys of art, food, and wine, and the rewards and occasional heartbreaks of her villa's ongoing restoration. It is also a memoir of a season of change, and of renewed possibility. As spring becomes summer she revives Bramasole's lush gardens, meets the challenges of learning a new language, tours regions from Sicily to the Veneto, and faces transitions in her family life.

Filled with recipes from her Tuscan kitchen and written in the sensuous and evocative prose that has become her hallmark, *Bella Tuscany* is a celebration of the sweet life in Italy.

作者介绍:

弗朗西丝·梅耶斯出生于美国乔治亚州，现在美国旧金山与意大利的托斯卡纳两地轮流居住。她曾出版过五部诗集，诗作与自传性随笔大量发表在欧美各重要文学期刊上，如《大西洋月刊》、《新英格兰评论》、《诗刊》等。她的《诗的发现》是被广泛采用的大学教科书。弗朗西丝·梅耶斯定期为《纽约时报》、《美宅》、《食物与酒》撰稿，并任教于旧金山州立大学。

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标签

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## 评论

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## 书评

我想这本书最重要的真的不是教堂里的文艺复兴画，又或是那些味美色香的意大利美食，而是一种生活态度，一种充满质感的生活方式。也许有人会说不是每个人每年都有假期，更不是每个人都有条件跑到意大利的乡下去买一栋房子，享受这种堪称奢侈的生活。但是当意大利人漫山遍野的...

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买这本书的时候还没读过《托斯卡纳的太阳下》，所以有偶然相遇的感觉，很珍惜。内容非常朴实，没有华丽辞藻的堆砌，却可以从文字中感受到托斯卡纳山区特有的明亮色调，是适合静下心来仔细阅读的一本书。之后北方文艺出版社出过装帧比较豪华的版本，配了大量色彩艳丽的精美...

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这本书读来真是身心愉悦，适合在秋日暖阳下细细品读的一本好书。而且作者不只是单纯的写游记，一览而过那些表面的风景，她有更深的关于文化的思考，这些都让我很有收获。真想去这样的山城看看走走，最好能碰到书中提到的圣像游行，就更有意思啦。而且在文艺复兴时期艺术家的家...

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“潺潺的溪水灌溉着梯田。我脱下鞋子，双脚浸泡在冰凉冰凉的水中。岩石遍布的山坡上长出了光滑翠绿的蕨类植物。一直初生的蜥蜴从我的脚趾上跑过，我甚至能感觉到它

细细的爪子。”

“如今这里不再车马喧嚣，小镇分外安谧宁静。我们漫步于深街小巷中，每条路都有令人遐思的名...

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《托斯卡纳艳阳下》的封面一如书名，浓烈的色块扑面而来，令人一见难忘。《美丽的托斯卡纳》则要清淡些，黄昏时分的意大利乡村，飘着薄雾，罩着日落时浅黄的阳光，像一幅让人心旷神怡的水彩画。  
托斯卡纳和普罗旺斯在国人心目中是并驾齐驱的欧洲乡村的标杆，看过照片，托斯卡...

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感受生活的细节，是现代人在忙碌中渴求却永远缺少的。  
这样一本充满浓浓意大利气息的作品无疑可以给人美好的享受。想象自己置身旅途，无论是斑斓彩色玻璃下的中世纪画作，还是令人心醉的乡间小路，读来给人放松、惬意之感。也许你只能在书桌边幻想自己置身远方，也许你只是期...

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陈丹燕有本书叫这么个名字, 读后不忘. 那能看到年轻的但丁匆匆从身边走过的一棵树.....  
托斯卡纳, 和普罗旺斯\安达卢西亚一起, 并列欧洲拉丁世界三大美丽乡村大区品牌.  
唯一不同的是, 托斯卡纳因为在文艺复兴前后有过灿烂的文化繁荣,  
后来成为欧洲主流的文明, 所以格外显得...

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