

The Book



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著者:Tom M. Tango

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Written by three esteemed baseball statisticians, "The Book" continues where the legendary Bill James' "Baseball Abstracts" and Palmer and Thorn's "The Hidden Game of Baseball" left off more than twenty years ago. Continuing in the grand tradition of sabermetrics, the authors provide a revolutionary way to think about baseball with principles that can be applied at every level, from high school to the major leagues. Tom Tango, Mitchel Lichtman, and Andrew Dolphin cover topics such as batting and pitching matchups, platooning, the benefits and risks of intentional walks and sacrifices, the legitimacy of alleged "clutch" hitters, and many of baseball's other theories on hitting, fielding, pitching, and even baserunning. They analyze when a strategy is a good idea and when it's a bad idea, and how to more closely watch the "inside" game of baseball. Whenever you hear an announcer talk about the "unwritten rule" or say that so-and-so is going "by the book" in bringing in a situational substitute, "The Book" reviews the facts and determines what the real case is. If you want to know what the folks in baseball should be doing, find out in "The Book".

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