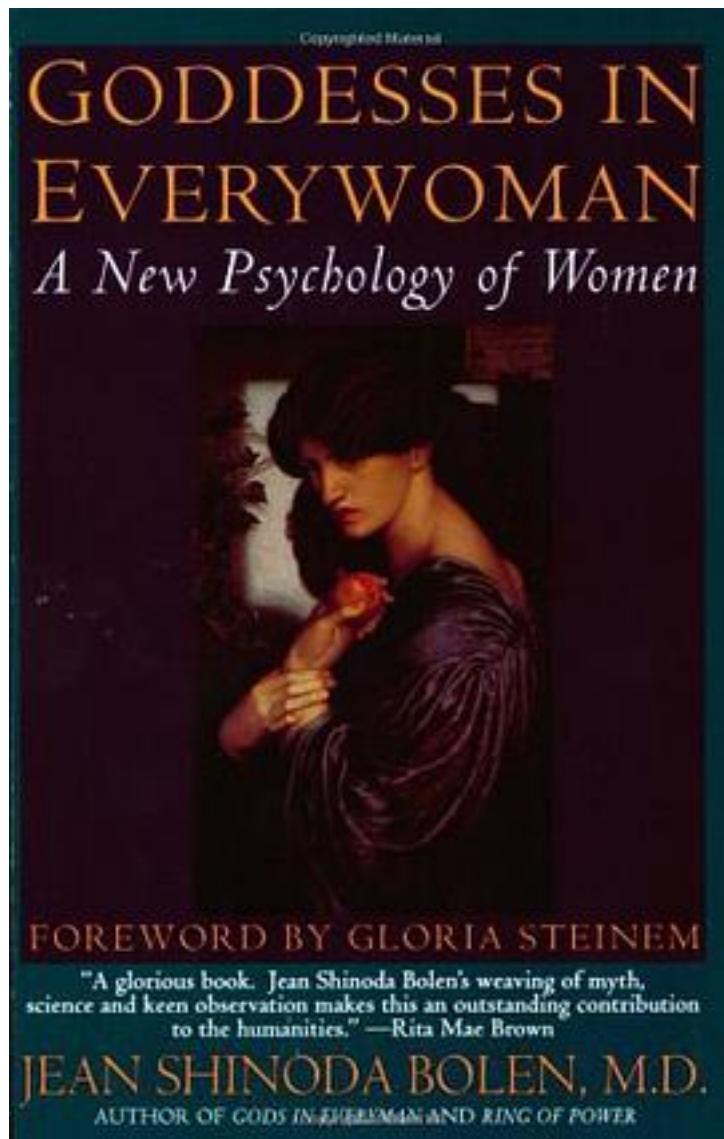


Goddesses in Every Woman



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著者:Jean Shinoda Bolen

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<p>Just as women used to be unconscious of the powerful effects that cultural stereotypes had on them, they may also be unconscious of powerful forces within them that influence what they do and how they feel, and which account for major differences among women. Psychoanalyst Jean Bolen believes that an understanding of these inner patterns and their interrelationships offers reassuring, true-to-life alternatives that take women far beyond such restrictive dichotomies as masculine/feminine, mother/lover, careerist/housewife. And she demonstrates how understanding them can provide the key to self-knowledge and wholeness. Dr. Bolen introduces these patterns in the guise of seven archetypal goddesses, or personality types, with whom all women will identify. Goddesses in Everywoman shows readers how to identify their ruling goddesses (from the autonomous Artemis and the cool Athena to the nurturing Demeter and the creative Aphrodite), how to decide which to cultivate and which to overcome, and how to tap the power of these enduring archetypes to become better "heroines" in their own life stories.</p>

作者介绍:

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标签

心理学

女性

评论

Jungian archetypes:

这本书对我很重要，终于深刻地理解了自己的复杂且不再挣扎。请不要被渣标题吓跑！

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书评

This is a fabulous work. I was attracted by the first look at its cover-and interestingly it is lying on a gay's desk. I borrowed book and immediately and was absorbed into it thorgouly. I was preparing for GRE test and the reading was helpful at least to s...

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