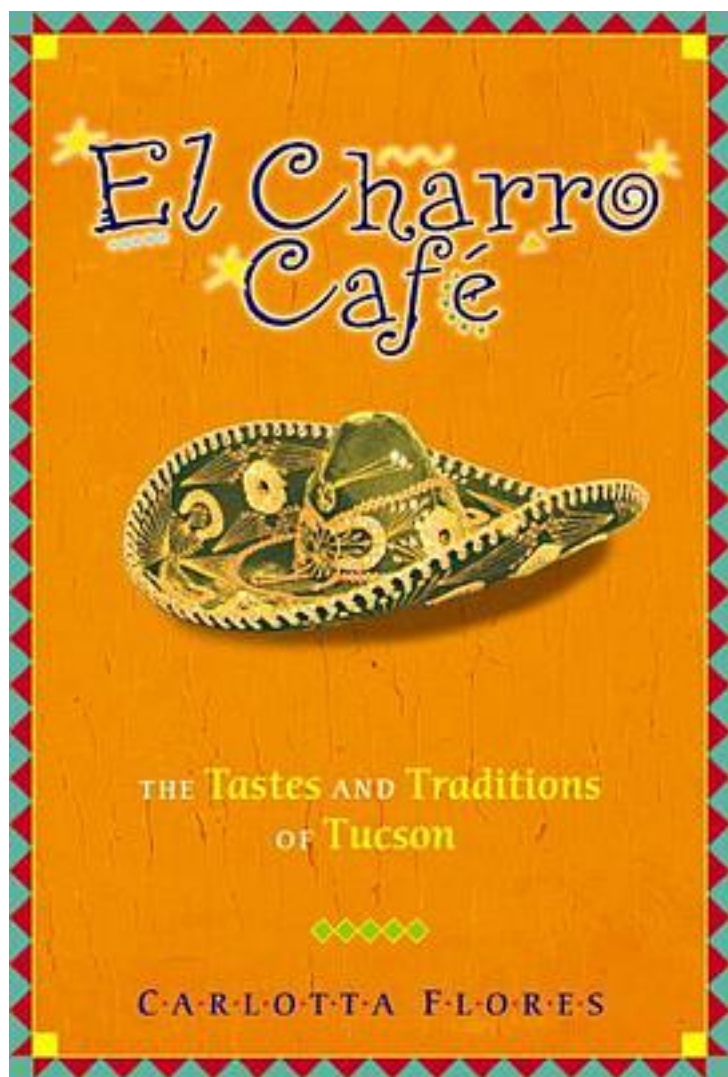


El Charro Cafe



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著者:Carlotta Flores

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El Charro Café is famous throughout the United States and the world for its vibrant, fresh Mexican food and fiesta-like atmosphere.

In this beautifully illustrated color hardcover cookbook, owner and chef Carlotta Flores shares her recipes, her family history and her love of this flavorful cuisine.

Carlotta includes prized family recipes as well as those that make El Charro a Tucson delight and tradition. She tells stories of the four generations of her family who have worked at El Charro since its beginnings in 1922, making it the oldest family-run restaurant in the Southwest.

A glossary of Spanish terms and foods helps you learn your way around a Mexican menu. You'll learn the secrets to making authentic, traditional Sonoran Mexican dishes and also ways to make light, healthy and equally delicious newer ones.

You'll absorb tortilla etiquette along with the recipes for El Charro's savory sauces and soups.

Photographs of the patio and restaurant are interspersed with "notitas" (little notes and tips) and Carlotta's stories. The heart of the book: Wonderful recipes, including all the classic dishes you expect from a Mexican restaurant as well as ones that may be new to you such as Puerco con Mangos (pork with mango sauce), Tacos de Camaron (shrimp tacos), Almendrado (almond meringue pudding), and Capirotada (Lenten bread pudding).

Vegetable dishes such as Rajitas de Nopalitas y Cebollitas (sautéed prickly pear with onions and green chile), Enchiladas de Hongos (mushroom enchiladas), Papas Molidas de Navidad (mashed potatoes with green chile and salsa) will open your eyes and tastebuds.

A book so representative of Tucson that it was chosen for the City of Tucson's Millennium Time Capsule.

You will enjoy your visit to El Charro Café, sampling Tucson's heritage as well as its cuisine ... Bienvenidos!

作者介绍:

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