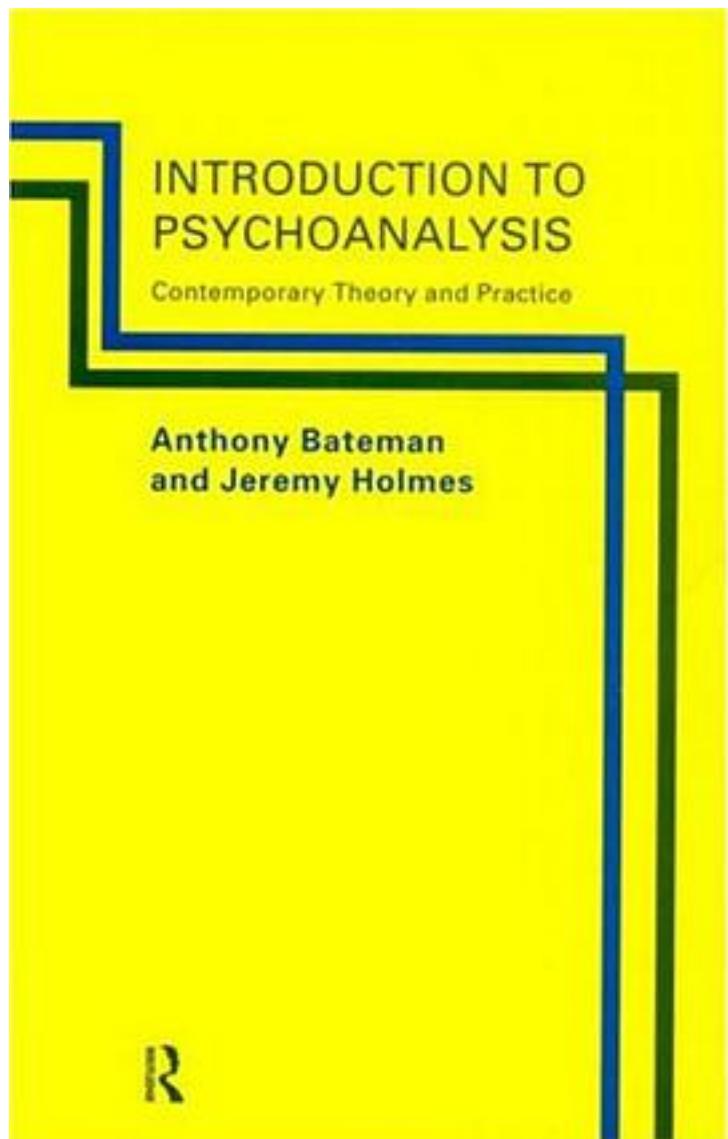


Introduction to Psychoanalysis



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出版者:Routledge

出版时间:1995-12-04

装帧:Paperback

isbn:9780415107396

The need for a concise, comprehensive guide to the main principles and practice of psychoanalysis and psychoanalytic psychotherapy has become pressing as the psychoanalytic movement has expanded and diversified. An introductory text suitable for a wide range of courses, this lively, widely referenced account presents the core features of contemporary psychoanalytic theory and practice in an easily assimilated, but thought-provoking manner. Illustrated throughout with clinical examples, it provides an up-to-date source of reference for a wider range of mental health professionals as well as those training in psychoanalysis, psychotherapy or counselling.

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标签

精神分析

评论

讲defense mechanisms时读的

这是德国高级精神分析培训师Schultz推荐的关于精神分析的必读本，相当于教科书的含量，书中将精神分析的演变发展过程结合每个概念的细微改变与调整，并通过大量实际案例解读，帮助初学者建构系统的对于精神分析的理解与治疗实务的引导掌握，值得反复研读。

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