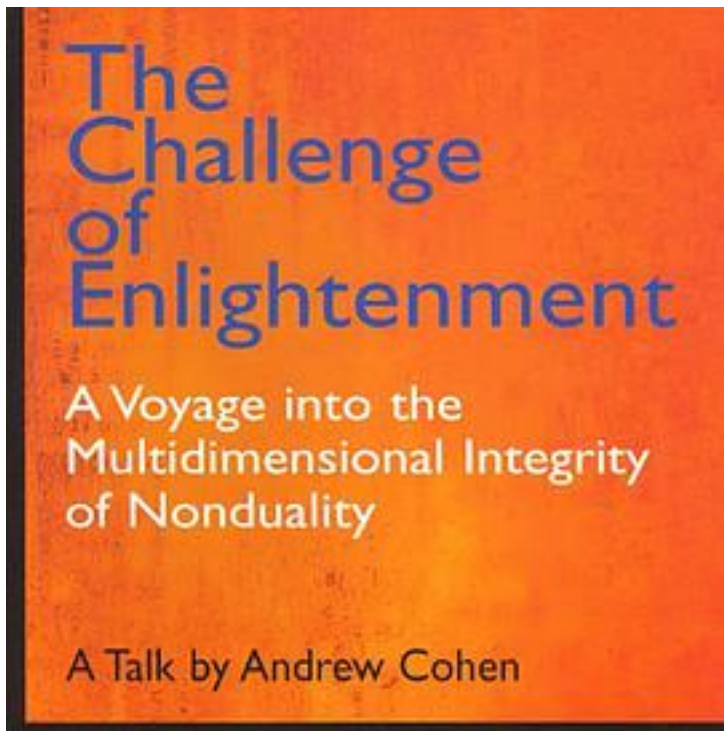


# The Challenge of Enlightenment



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This book illuminates the totality and depth of the path to liberation. Explaining that most of us are only aware of half of life, the world of action, Andrew guides us to sink below the surface of our experience to discover the world of inaction, of stillness, the very essence of who we are. Opening up a vast space inside us, this realization ultimately reveals the way for us to return once again to the world of action as an undivided, fully human being. To return to the world as we know it without losing touch with the depth that we have realized as the challenge of enlightenment.

作者介绍:

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