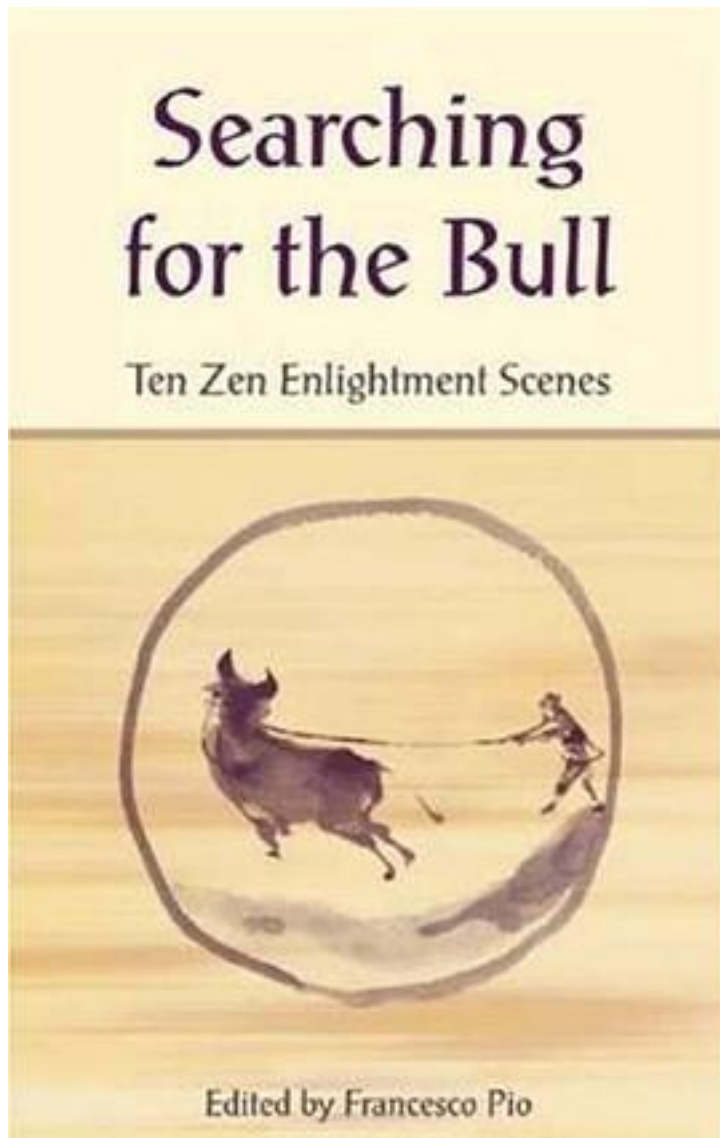


Searching for the Bull



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Providing insight into Zen Buddhism through a series of classic illustrations, this meditation provides Zen students with a source for self-reflection. Depicting a herder as he searches for his lost bull, each illustration is accompanied by a collection of contemplative thoughts designed to help readers absorb the spirituality of the scene. Encouraging a variety of interpretations to each illustration, this exploration attempts to guide students of Zen along the path to enlightenment.

作者介绍:

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