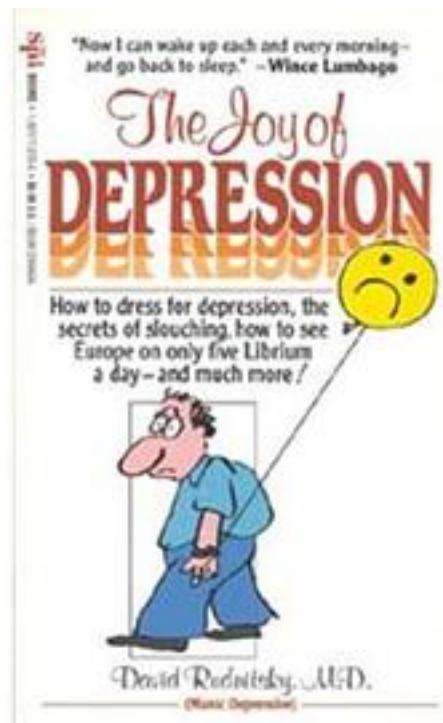


The Joy of Depression



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出版者:Shapolsky Publishers; 1st ed edition

出版时间:January 24, 1990)

装帧:

isbn:9780944007532

Depression: It's so easy to get into! David Rudnitsky, a noted psychotic, teaches you how to eat for depression, dress for depression, exercise for depression, the exciting history of depression, as well as games depressed people play. You can be a terrific success story too. Come on give depression a try. You'll never leave your room again! You'll learn: How to become a Sensuous Catatonic. The delicious low sugar/high valium" diet To determine you're A.Q. (Apathy Quotient) Get a divorce for less than \$100 (from reality) Start smoking once and for all How to dress for depression The secrets of slouching, How to see Europe on only five Librium a day And much more!!

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