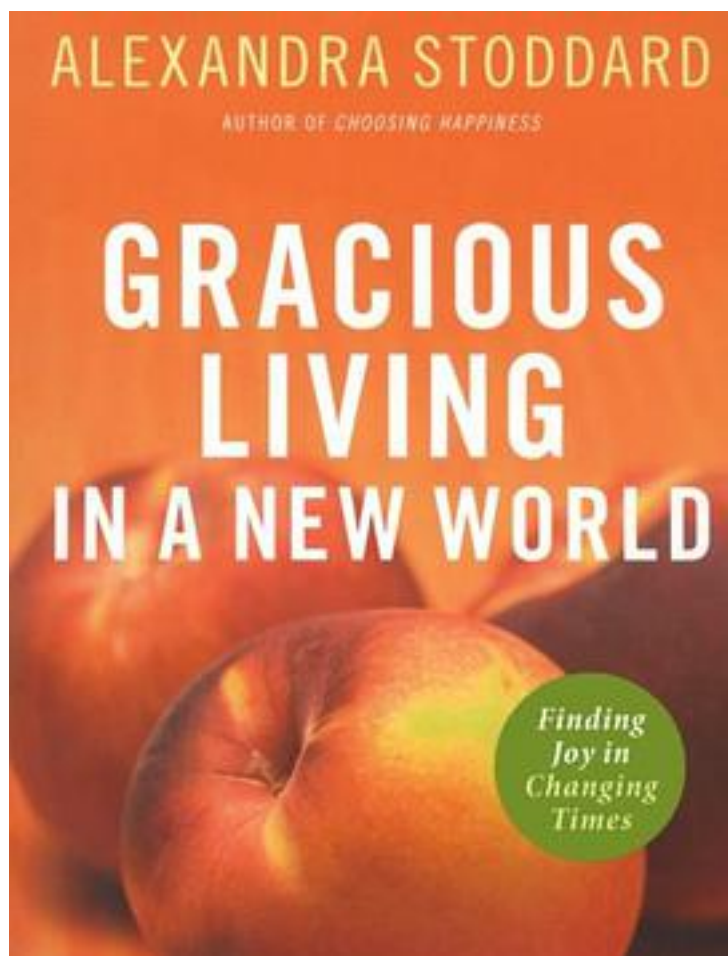


Gracious Living in a New World



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著者:Alexandra Stoddard

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Book Description

In today's fast-paced world, as we juggle family responsibilities, jobs, and social obligations, we seem to be missing out on what we fundamentally crave: a calmer, gentler, sweeter, and more gracious life. In *Gracious Living in a New World*, Alexandra Stoddard offers a rich assortment of ideas for achieving a gracious lifestyle. As a busy professional and dedicated wife, mother, and grandmother who revels in the energy of the city and basks in the tranquility of the village, Alexandra is uniquely poised to help us smooth the frayed edges of our lives. Positive and practical, her path toward gracious living does not require money or "extra hands" around the house. When we give ourselves and others positive time and space, our life expands to gracious proportions: "We are surrounded by opportunities for living with grace—our own hands and our own hearts are all the tools we'll ever need."

Midwest Book Review

This self-help title reveals how to live within the structure of a hectic lifestyle, and how to find joy in change. This isn't just a general guide: Stoddard uses as examples her own small pleasures in life and shows how to locate and appreciate rejuvenating environments and experiences.

Book Dimension

length: (cm)20.3 width:(cm)15.2

作者介绍:

Author of twenty-four books, Alexandra Stoddard is a sought-after speaker on the art of living. Through her lectures, articles, and books such as *Living a Beautiful Life*, *Things I Want My Daughters to Know*, *Time Alive*, *Grace Notes*, *Open Your Eyes*, and *Feeling at Home*, she has inspired millions to pursue more fulfilling lives. She lives with her husband in New York City and Stonington Village, Connecticut.

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