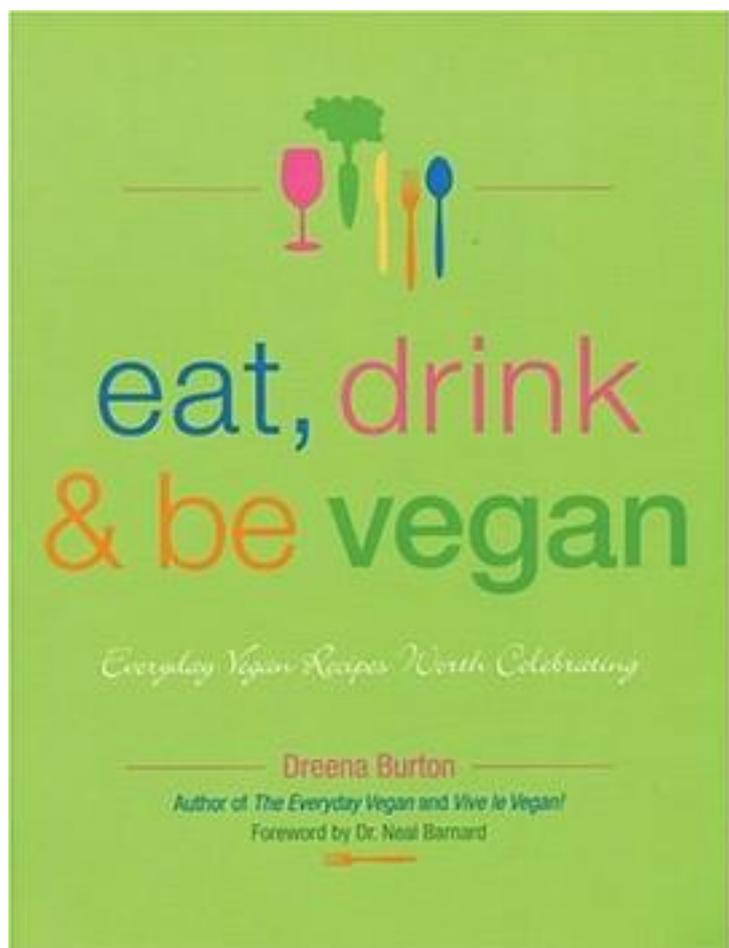


Eat, Drink & Be Vegan



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著者:Dreena Burton

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In Dreena Burton's first two bestselling vegan cookbooks, *The Everyday Vegan* and *Vive le Vegan!*, she offered a dazzling array of healthy, animal-free recipes, many of which are based on her experience as a mother of two young girls she and her husband are raising as vegans. Dreena also maintains an active blog (vivelevegan.blogspot.com) and website (everydayvegan.com) and has cultivated an enthusiastic audience for her nutritious recipes.

In this, her third cookbook, Dreena turns her attention to celebratory food imaginative, colourful, and delectable vegan fare perfect for all kinds of events, from romantic meals to dinner parties to casual potlucks.

Many of the recipes are appropriate for everyday meals as well. The book includes over 150 recipes and 16 full-color photographs, as well as meal plans and cooking notes.

Eat, Drink and Be Vegan is destined to join the bestselling ranks of her first two books (*The Everyday Vegan* is now in its fourth printing, and *Vive le Vegan!* is in its third). Come celebrate with Dreena and impress your guests (and yourself) with these sensational animal-free recipes.

Recipes include Lentil and Veggie Chimichangas; Thai Chick-Un Pizza, White Bean Rosemary Soup with Fresh Basil and Jumbo Croutons, Olive and Sundried Tomato Hummus, Veggie Tempeh Muffuletta, Tomato Dill Lentil Soup, Creamy Cashew Dip with Fruit, Crepes with Maple Butter Cream, 5-Star Ice Cream Sandwiches, Chocolate Pumpkin Pie, and Hemp-anola (Dreena's take on granola).

作者介绍:

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