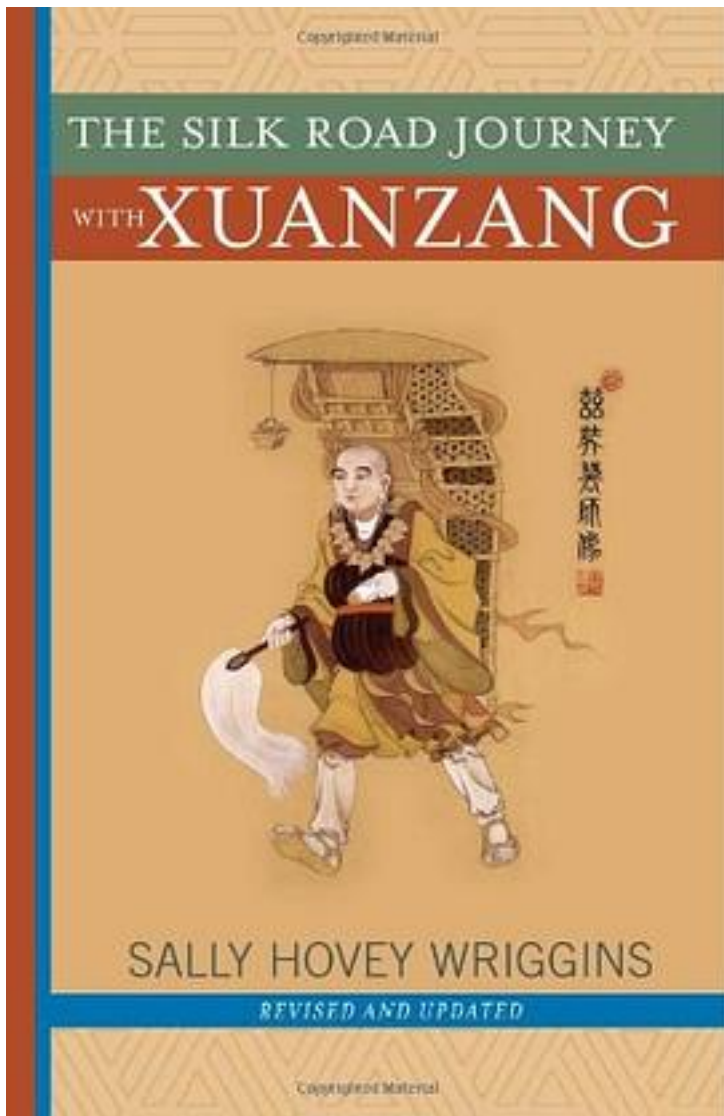


# The Silk Road Journey With Xuanzang



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Walk the Silk Road with the Buddhist monk who crisscrossed the Asian continent and prompted a great cultural exchange between India and China. The Silk Road Journey with Xuanzang tells the saga of the seventh-century Chinese monk Xuanzang, one of China's great heroes, who completed an epic sixteen-year-long journey to discover the heart of Buddhism at its source in India. Eight centuries before Columbus, this intrepid pilgrim traveled 10,000 miles on the Silk Road, meeting most of Asia's important leaders at that time. In this revised and updated edition, Sally Hovey Wriggins, the first Westerner to walk in Xuanzang's footsteps, brings to life a courageous explorer and devoutly religious man. Through Wriggins's telling of Xuanzang's fascinating and extensive journey, the reader comes to know the contours of the Silk Road, Buddhist art and archaeology, the principles of Buddhism, as well as the geography and history of China, Central Asia, and India. The Silk Road Journey with Xuanzang is an inspiring story of human struggle and triumph, and a touchstone for understanding the religions, art, and culture of Asia. Praise for the previous edition:

作者介绍:

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