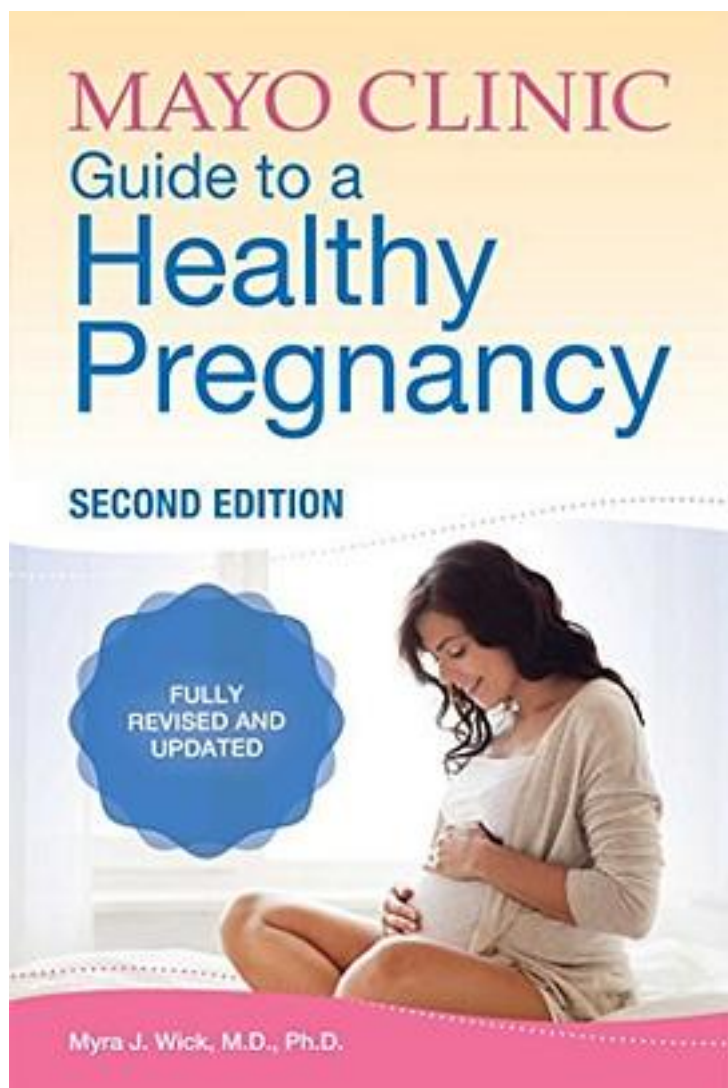


# Mayo Clinic Guide to a Healthy Pregnancy



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著者:Mayo Clinic

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This new Mayo Clinic book on pregnancy provides you with practical information and reassurance on pregnancy and childbirth. Compiled by Mayo Clinic experts in obstetrics, it offers a clear, thorough and reliable reference for this exciting and sometimes unpredictable journey. This comprehensive book includes: A month-by-month look at mom and baby In-depth "Decision Guides" to help you make informed decisions on topics such as how to select a health care provider, prenatal testing options, pain relief for childbirth, and many others An easy-to-use reference guide that covers topics such as morning sickness, heartburn, back pain, headaches and yeast infections, among others Information on pregnancy health concerns, including preterm labor, gestational diabetes and preeclampsia, along with an overview on being pregnant when you have pre-existing health conditions such as asthma, diabetes or hyperthyroidism

作者介绍:

目录:

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标签

育儿

Pregnancy

Human

Fetus

Embryo

Delivery

外国

医学

## 评论

美国人对于自然生产的无限推崇，以及学了一堆一辈子都用不到的英语单词

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从Guide to Fertility and Conception看到这一本，所以觉得没有特别多新的知识，本想看看受孕成功前后的不同，基本没了解到想了解的信息。

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讲道理，学明白

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## 书评

附PDF及Epub格式下载：<http://dl.dbank.com/c0vrzj4hj2>  
epub格式由PDF档转换过来，目录不是很好，见谅。  
看了一下，英文内容不是很难，一般都能看懂。最重要的是，讲解科学，让人信服。个人觉得比国内市面的相关书籍要好很多。学术控研究控的爸爸妈妈首选这本书。

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