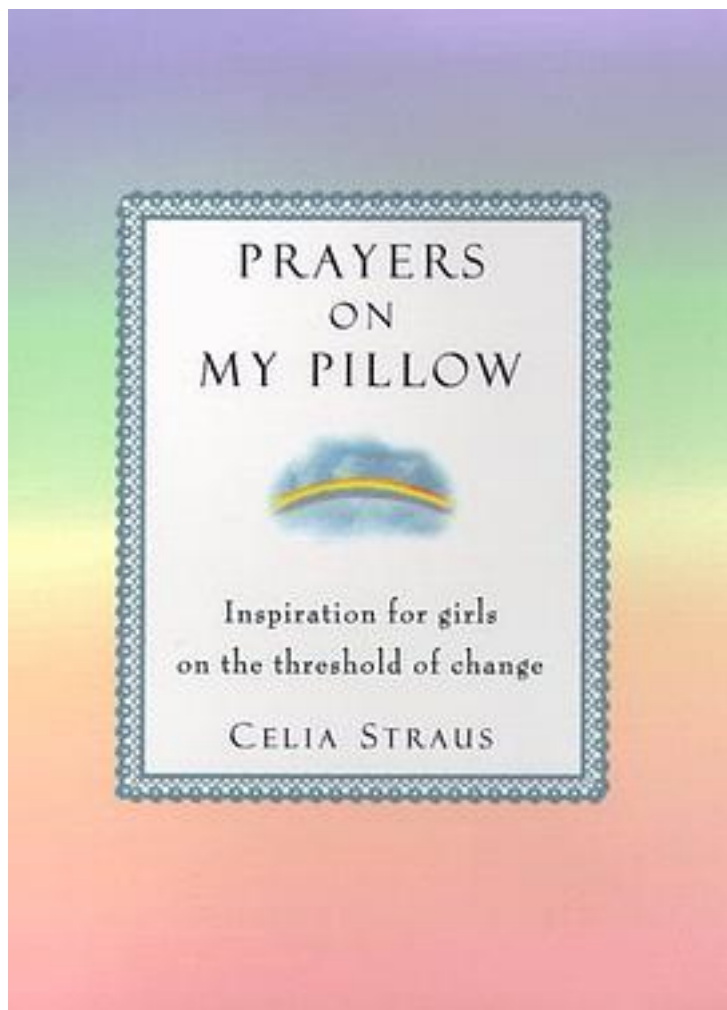


Prayers on My Pillow



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Inspiration for Girls on the Threshold of Change

"Before I go to sleep each night

Before I turn off every light

Let me put away my fears

Let me brush away the tears"

The heartfelt prayers in this luminous volume were originally written for the comfort and inspiration of a twelve-year-old girl named Julia. The author of these prayers is Julia's mother, who wrote them because she was troubled that she and her daughter no longer talked as much as they used to. So each night, she left a verse on Julia's pillow. Julia shared them with her younger sister and with her friends, and the prayers moved outward in ever-widening circles.

Now everyone can enjoy and meditate upon these simple supplications, whose words, feelings, and perspective are those of a girl growing into womanhood. Nearly one hundred and fifty prayers encourage girls to look inward for the strength to heal hurts, calm fears, and reconcile with family and friends. They present the values of self-reliance and confidence, celebrating the gift of life and the unique pleasure and challenges of being a girl. Each prayer is a loving act of faith, and together they provide a safe and private space in which a girl can simply be and grow.

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