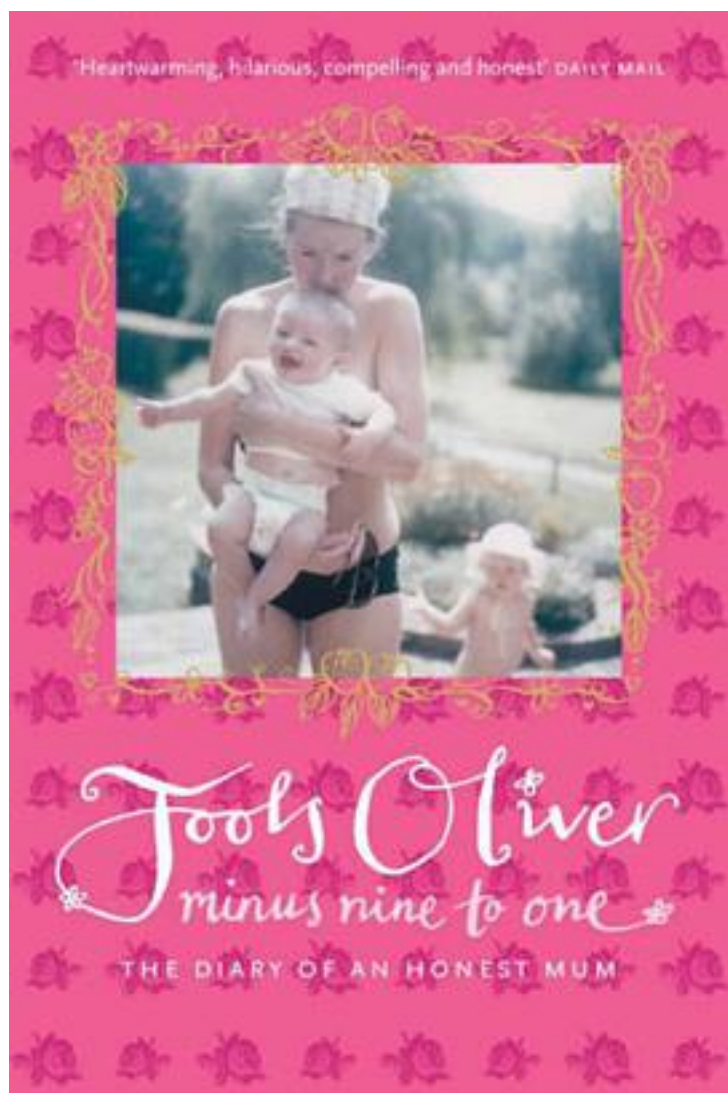


Minus Nine to One



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著者:Jools Oliver

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Being pregnant for the first time changed Jools Oliver's life. Having longed for children since before she can remember, she was suddenly faced with an array of unfamiliar, unexpected and sometimes downright embarrassing emotional and physical reactions. And when Poppy (and a year later Daisy) was born she had to learn a whole new set of skills. From trying to conceive and a first positive pregnancy test to Poppy's first birthday, "Minus Nine To One takes" you through the worries, surprises, excitement, miracles and sheer bloody hard work that Jools n and all new mums in their own different ways n have to cope with along the way. As Jools writes, 'This certainly isn't meant to be read as a guidebook, or a medical reference book n it is simply my story and I hope that you can relate to it in some way (and maybe even relax with it in the bath!)'. Down to earth, personal and very, very funny, this is the book no aspiring mother will want to be without.

作者介绍:

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标签

评论

finished the first two chapters. Jamie Oliver is utterly positive. A great fact. That's why he is successful in many ways.

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书评

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