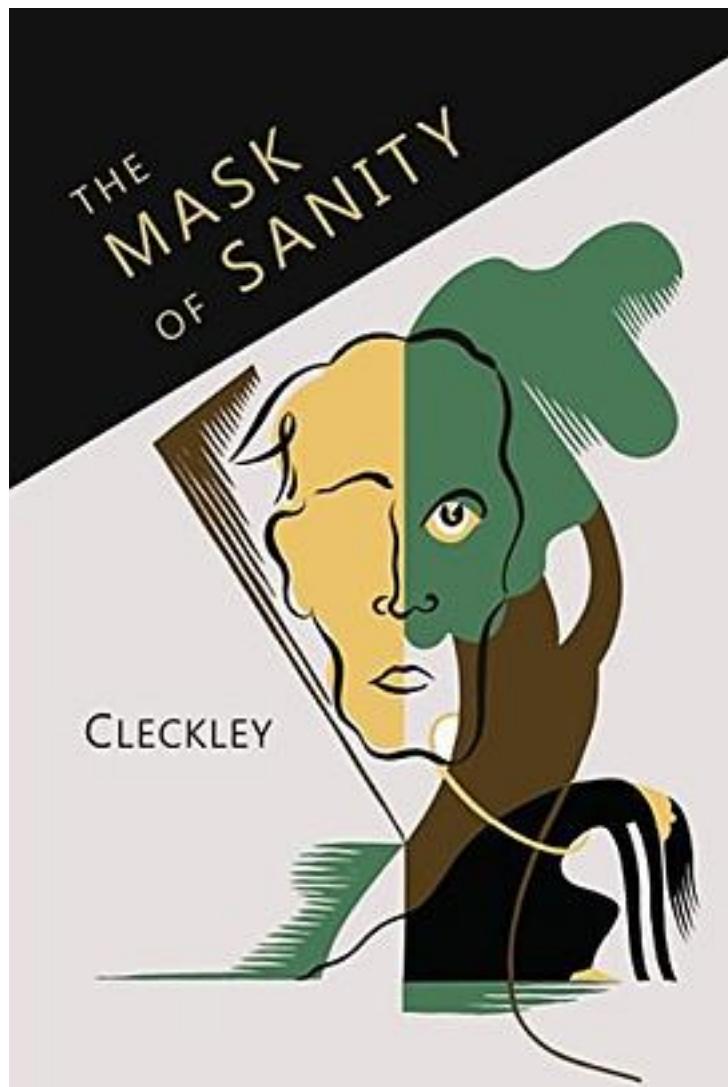


# The Mask of Sanity



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著者:Hervey M. Cleckley

出版者:Textbook Pub

出版时间:2003-1-31

装帧:Paperback

isbn:9780758179937

The Mask of Sanity is a book written by Hervey Cleckley, M.D., first published in 1941, describing the clinical interviews of Cleckley with incarcerated psychopaths. It is considered a seminal work and the most influential clinical description of psychopathy in the 20th century. The basic elements of psychopathy outlined by Cleckley are still relevant today.[1] The title refers to the normal "mask" that conceals the mental disorder of the psychopathic person in Cleckley's conceptualization.[2]

Cleckley describes the psychopathic person as outwardly a perfect mimic of a normally functioning person, able to mask or disguise the fundamental lack of internal personality structure, an internal chaos that results in repeatedly purposeful destructive behavior, often more self-destructive than destructive to others. Despite the seemingly sincere, intelligent, even charming external presentation, internally the psychopathic person does not have the ability to experience genuine emotions. Cleckley questions whether this mask of sanity is voluntarily assumed intentionally to hide the lack of internal structure, or if the mask hides a serious, but yet unidentified, psychiatric defect.[3]

An expanded edition of the book was published in 1982, after the DSM, the manual used in the United States for categorizing psychiatric disorders, had changed the name and standards for the classification of psychopathy to antisocial personality disorder, incorporating most of Cleckley's 16 characteristics of a psychopath listed below.[4] The original edition of the book is no longer available.

Cleckley introduced 16 behavioral characteristics of a psychopath: [5]

Superficial charm and good intelligence

Absence of delusions and other signs of irrational thinking

Absence of nervousness or psychoneurotic manifestations

Unreliability

Untruthfulness and insincerity

Lack of remorse and shame

Inadequately motivated antisocial behavior

Poor judgment and failure to learn by experience

Pathologic egocentricity and incapacity for love

General poverty in major affective reactions

Specific loss of insight

Unresponsiveness in general interpersonal relations

Fantastic and uninviting behavior with drink and sometimes without

Suicide threats rarely carried out

Sex life impersonal, trivial, and poorly integrated

Failure to follow any life plan.

作者介绍:

Dr. Hervey Milton Cleckley (1903 - January 28, 1984) was an American psychiatrist and pioneer in the field of psychopathy. His book, *The Mask of Sanity*, originally published in 1941, provided the most influential clinical description of psychopathy in the 20th Century. The term "mask of sanity" derived from Cleckley's observations that, unlike people with major mental disorders, a "psychopath" can appear to be normal and even engaging, while typically not suffering overtly from hallucinations or delusions.[1] However, the "mask" covered a concealed psychosis.[2]

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**标签**

心理学

犯罪心理学

反社会人格,psychopath,

Psychopath

心理

反社会型人格障碍

黑暗人格

美国

**评论**

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学术造假的心理学家）比较有意思 其它大同小异（很多年轻酒鬼）  
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书评

我想严肃地对世人提出这样一个建议——智力不够高（150以下）或人品差或两者皆有就不要搞什么心理学。Hervey Milton Cleckley正是这样的例子（不过他人品应该还好，主要是智力问题），研究心理学研究了一辈子，却不能就反社会人格等特征做出一个比我这样一个业余爱好者更精准的...

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