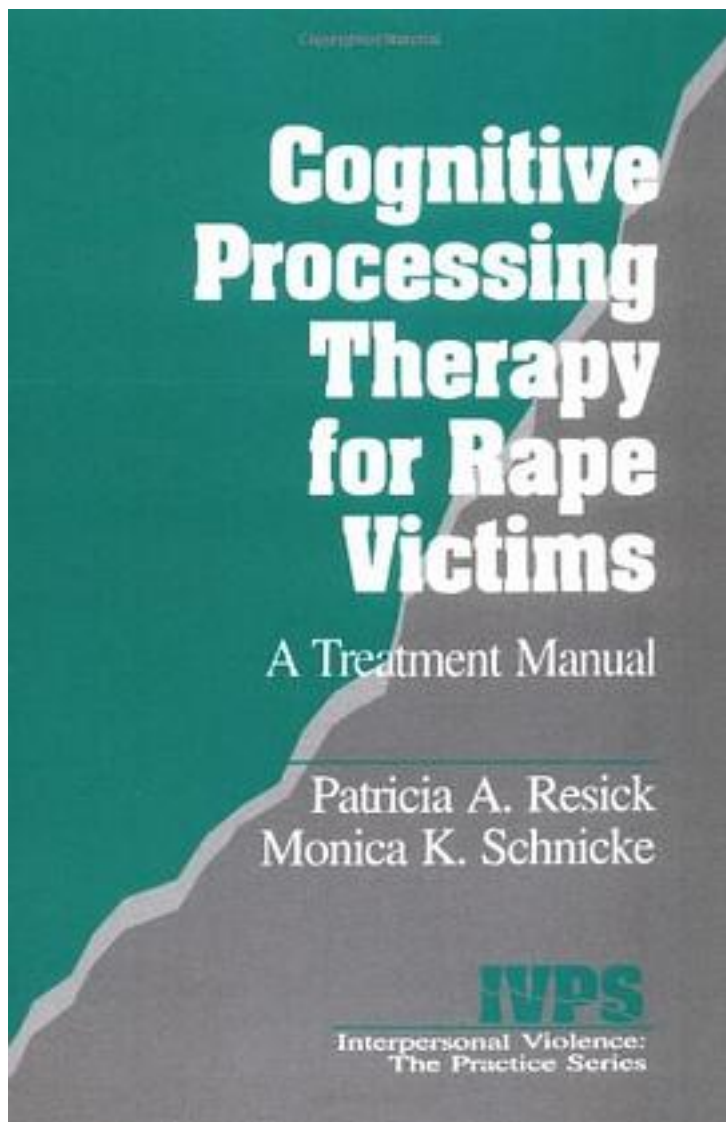


Cognitive Processing Therapy for Rape Victims



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Sexual assault is a traumatic event from which many survivors never fully recover. They may develop a range of disorders, including Post-Traumatic Stress Disorder, depression, poor self-esteem, interpersonal difficulties and sexual dysfunction. This volume provides insight into the effects of rape and explores a treatment approach which assists in the healing process. The authors sensitively explore the problem of rape and provide a thorough session-by-session account of cognitive processing therapy, including case descriptions, homework assignments and work sheets. They also consider special problems that therapists are likely to encounter. The result of extensive research on the assessment and treatment of sexual assault survivors, this volume is an invaluable aid for practitioners wishing to implement cognitive processing therapy.

作者介绍:

目录:

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