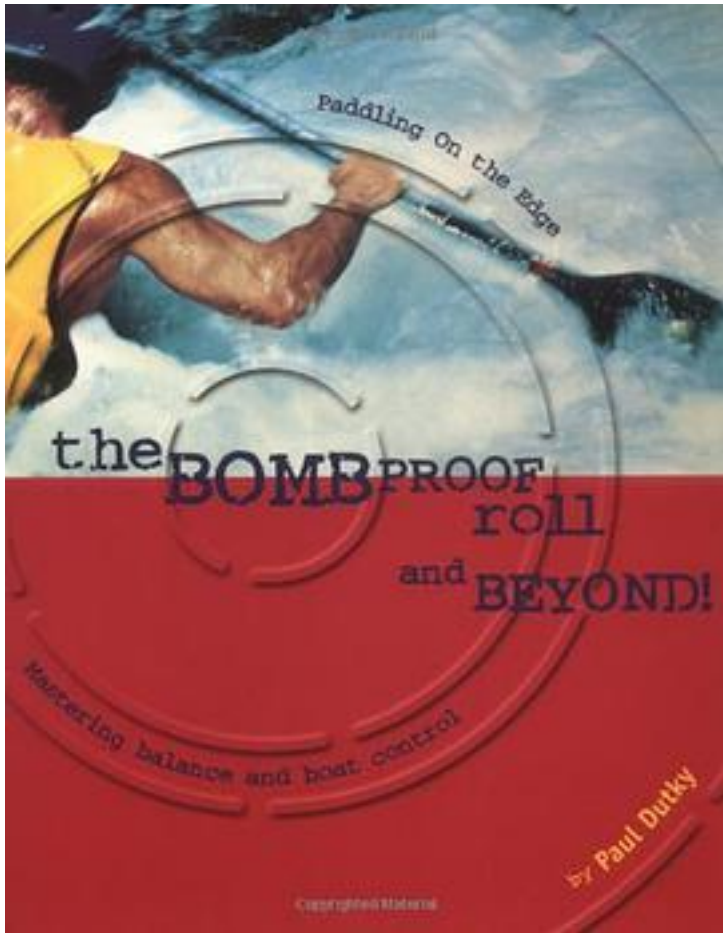


The Bombproof Roll and Beyond



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Paddling on the edge - the ability to hold the kayak level or on edge using knee pressure, to maintain balance using body lean, and when needed to shift weight forward or backward are the skills fundamental to even simple maneuvers such as

bracing, upstream ferries, and the Eskimo roll. The Bombproof Roll and Beyond! is an introduction to edge control and balance for paddlers from the beginner to the most expert. Author Paul Dutky shares his whitewater experience to help paddlers master those techniques that will enable them to surf, to playboat, and to run even the most challenging whitewater safely and with confidence.

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