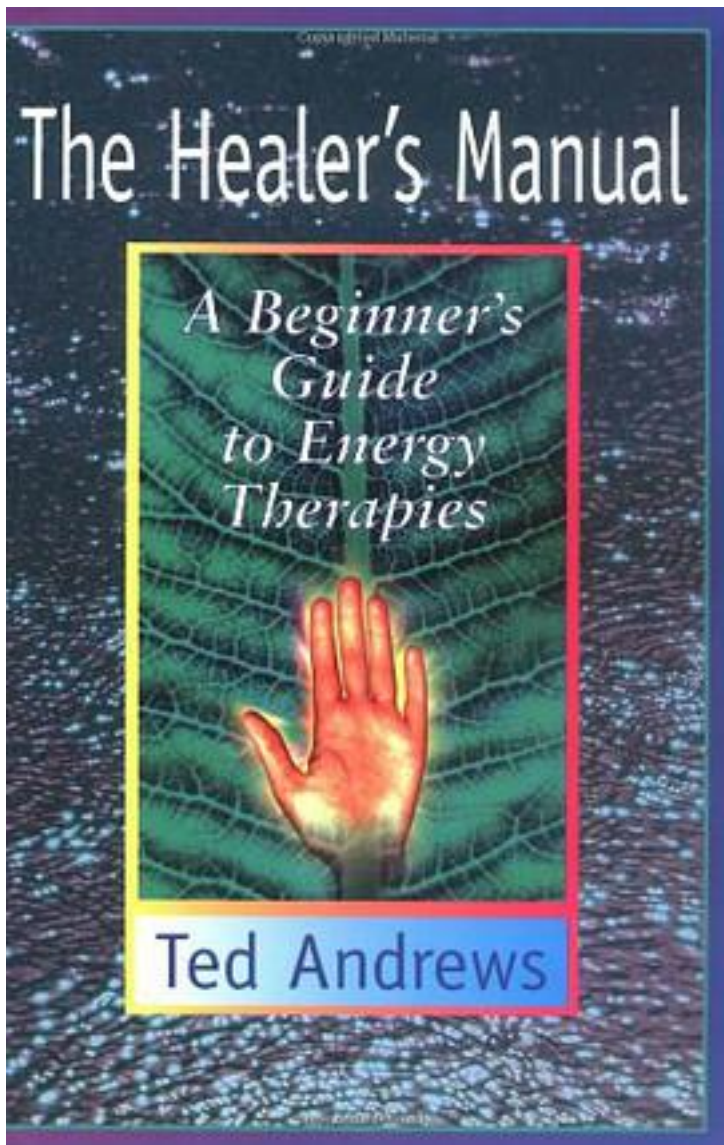


The Healer's Manual



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著者:Ted Andrews

出版者:Llewellyn Publications

出版时间:2002-9-8

装帧:Paperback

isbn:9780875420073

Noted healer Ted Andrews believes it is our unbalanced or blocked emotions, attitudes, and thoughts that deplete our natural physical energies and make us more susceptible to illness. The Healer's Manual shows specific ways-involving color, sound, fragrance, herbs, and gemstones-to restore the natural flow of energy. Use the simple techniques in this book to activate healing, alleviate aches and pains, and become the healthy person you're meant to be.

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