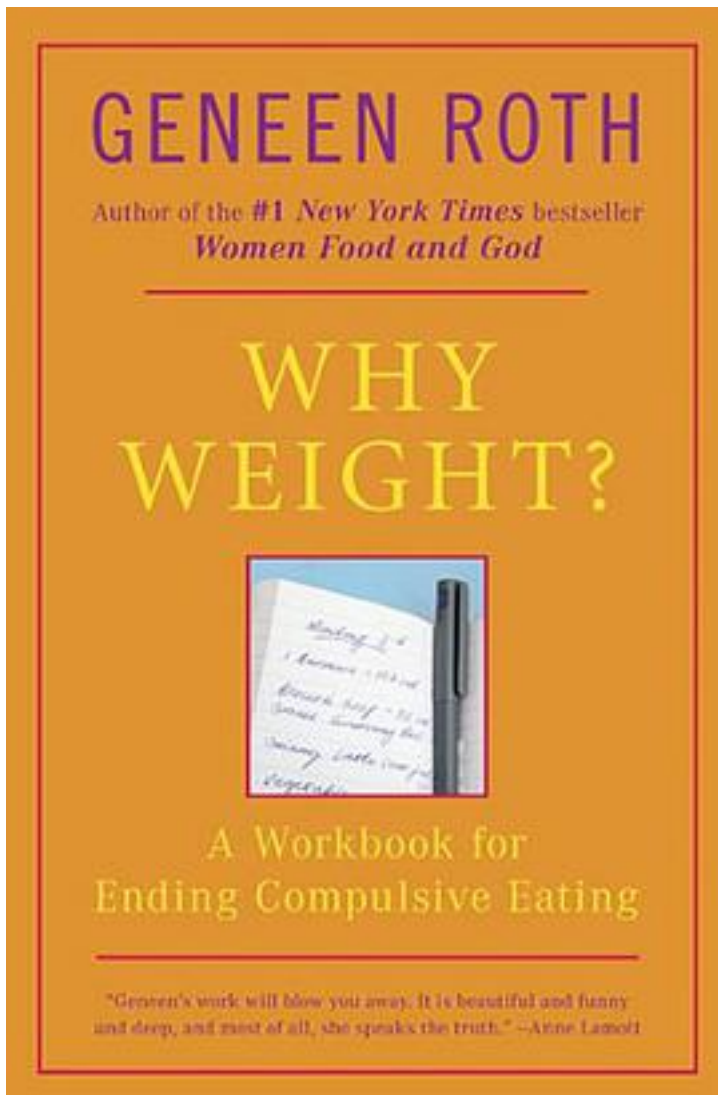


Why Weight?



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After Feeding the Hungry Heart and Breaking Free from Compulsive Eating, Roth offers a workbook that will enable readers to explore for themselves the issues that lead to compulsive eating.

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