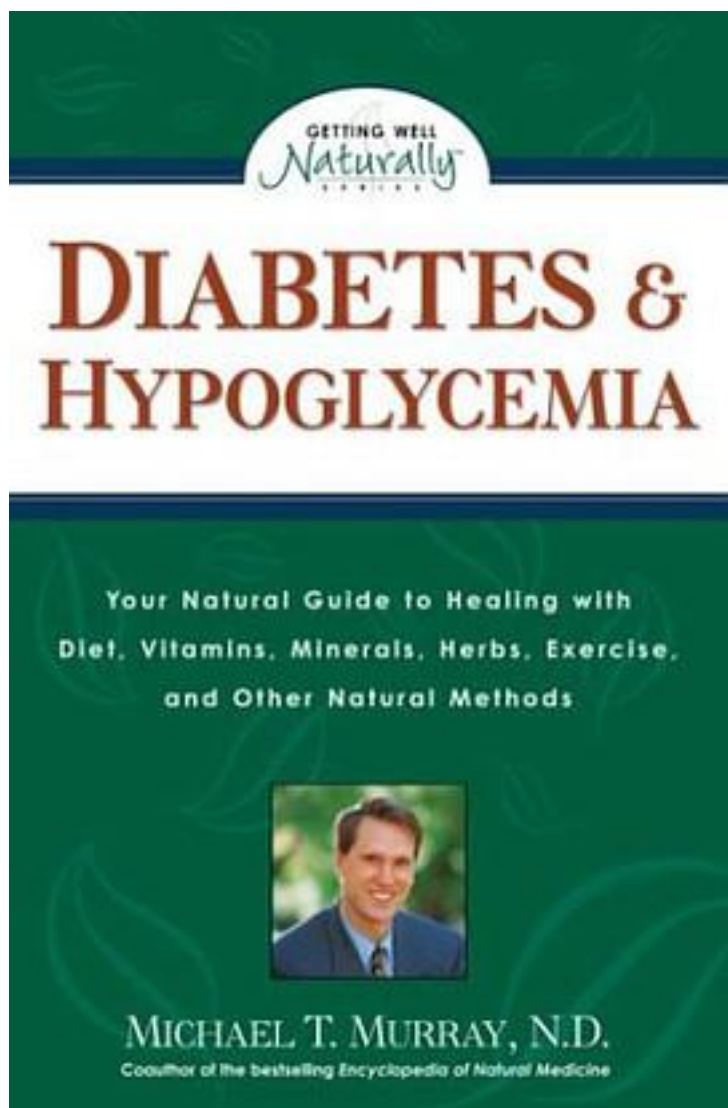


Diabetes and Hypoglycemia



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Now You Can Combat Diabetes and Hypoglycemia—Naturally!

Struggling with frequent headaches, fatigue, irritability, or depression? Your body may be fighting a blood sugar imbalance. Diabetes and hypoglycemia, the major causes of blood sugar imbalance, are the most common of all diseases and can lead to chronic metabolic problems. Often, traditional medications treat only specific symptoms of these diseases without treating the whole body. Diabetes and Hypoglycemia offers the answers you need to take control of your blood sugar metabolism by using natural, healthful methods.

Dr. Michael T. Murray is one of the world's foremost authorities in nutritional and natural medicine. Author of the bestselling books Encyclopedia of Natural Medicine and The Complete Book of Juicing, Dr. Murray has inspired many to begin a more natural way of treating disease. In Diabetes and Hypoglycemia, Murray presents a step-by-step approach, offering advice on topics such as:

- Early symptoms and proper diagnosis
- Lifestyle choices and exercise
- Dietary guidelines, including 25 recipes
- Herbal remedies for blood sugar control
- Blood sugar imbalance and related cardiovascular diseases
- and much, much more!

By learning the facts about using natural, whole-body alternative, you can break the cycle of medication and begin a healthful, balanced way of life!

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