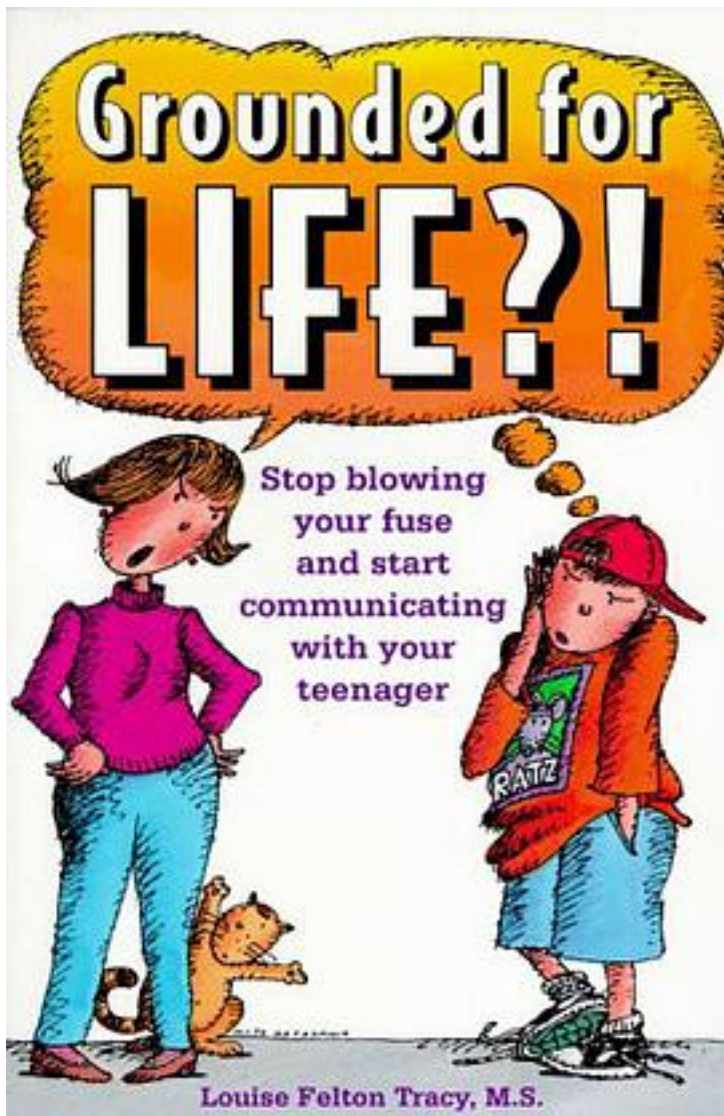


Grounded for Life!?



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著者:Tracy, Louise Felton

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Your 10-year-old talks back. Your 12-year-old skipped school. Your 15-year-old just pierced what? If you're exhausted, frustrated or just plain scared about parenting teens and "almost" teens, here's a road map. Louise Felton Tracy, a social worker and school counselor who survived the adolescence of her own six children, believes that both parents and kids will do better when the focus switches to helping teenagers balance their desires with life's responsibilities. To guide you in this transition, each chapter of *Grounded for Life!* ends with an easy-to-read list of the steps you'll want to take to ensure that you and your teenager keep talking to each other. For parents who find themselves backsliding into old discipline patterns, Tracy provides gentle reassurance and stories about her own challenges (and successes, however small).

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