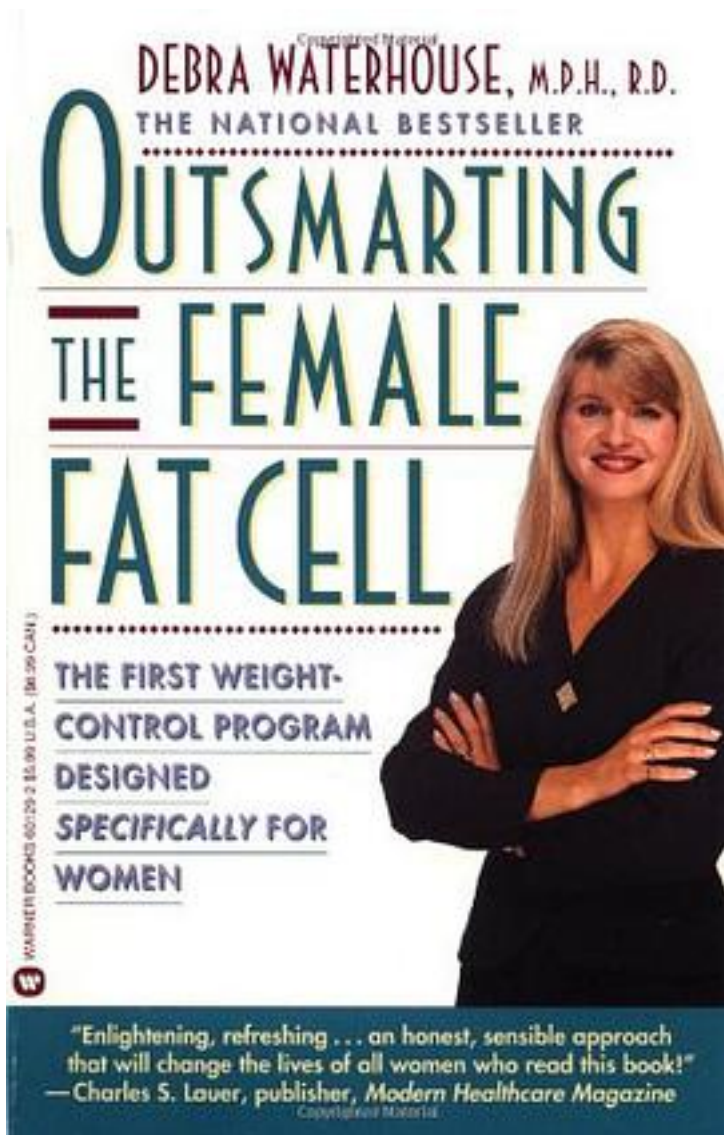


Outsmarting the Female Fat Cell



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著者:Waterhouse, Debra

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A revolutionary breakthrough in the weight-loss battle, developed by super nutritionist Debra Waterhouse. Shocking new evidence reveals that women's fat cells are different from men's and dieting actually makes women's fat cells multiply. Debra's special 3-month OFF program (Outsmart Female Fat) helps women shrink those troublesome fat cells.

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