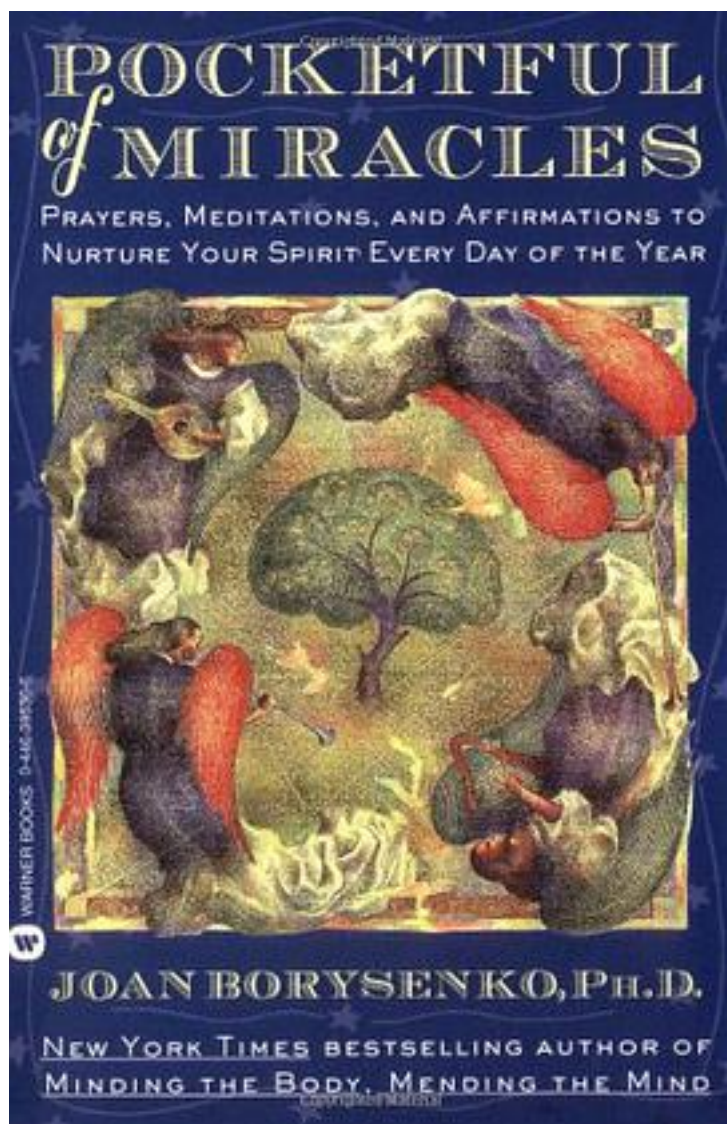


A Pocketful of Miracles



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From the New York Times bestselling author of Minding the Body, Mending the Mind comes a powerful collection of spiritual activities that we can use every day in order to create miracles in our lives. Through daily meditations and exercises, Borysenko helps us to let go of fear and realize the light of peace.

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