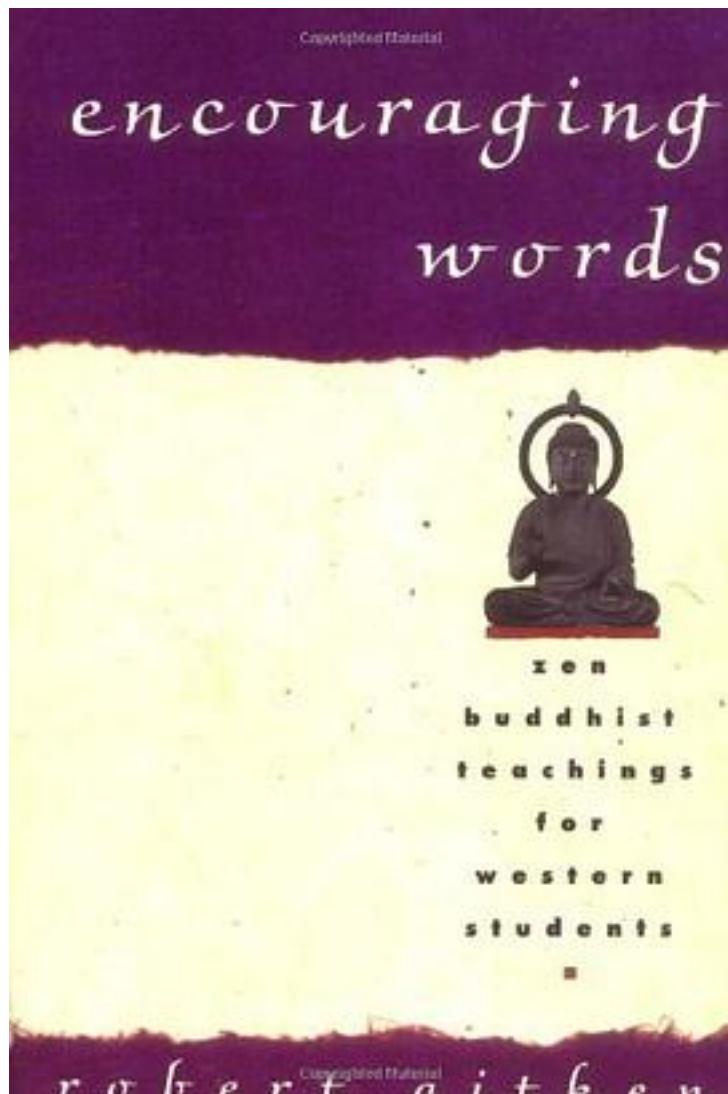


# Encouraging Words



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著者: Aitken, Robert

出版者: Random House Inc

出版时间: 1994-9

装帧: Pap

isbn: 9780679756521

Aitken's title says it all. Encouraging Words will appeal to both beginning and advanced lay Zen students who seek to integrate their spiritual practice into everyday life. Curious readers will be rewarded, too. Here is a teacher both wise and practical in equal measure.--Honolulu Advertiser. Now in paperback.

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