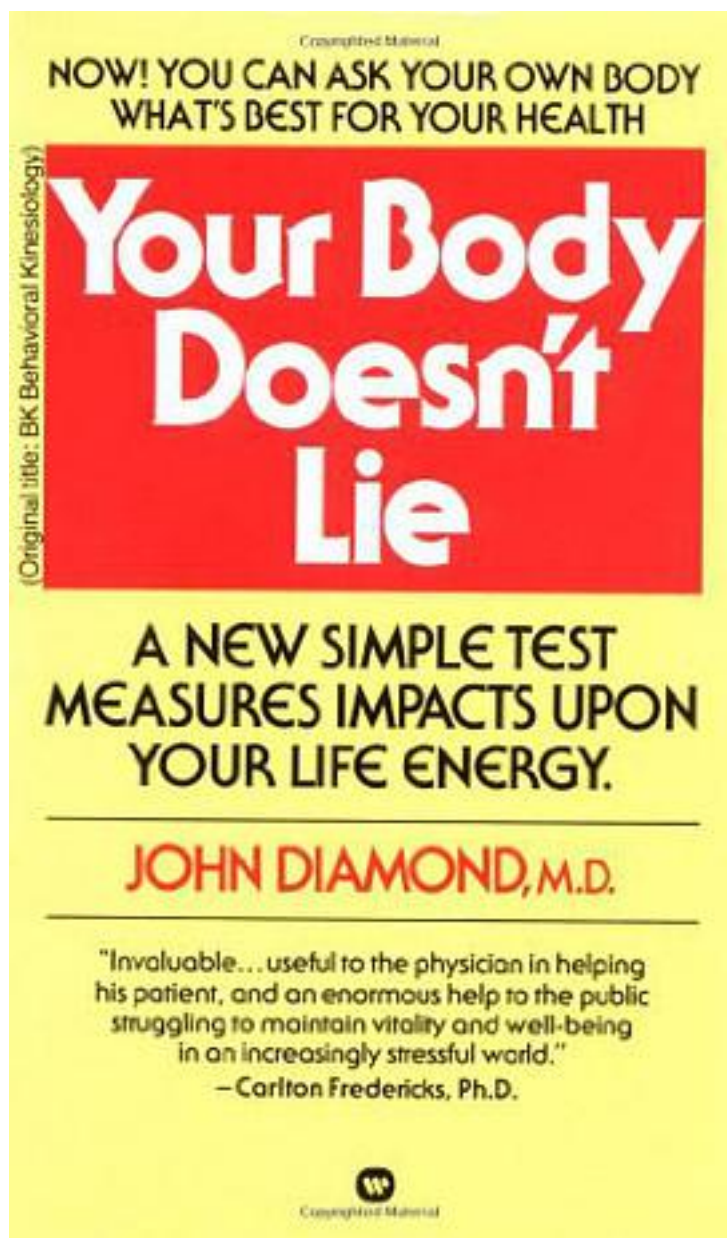


# Your Body Doesn't Lie



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Presents a simple muscle test that can determine what factors in your environment may affect your body energy and suggests energy-promoting activities to counterbalance energy-depleting ones.

作者介绍:

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