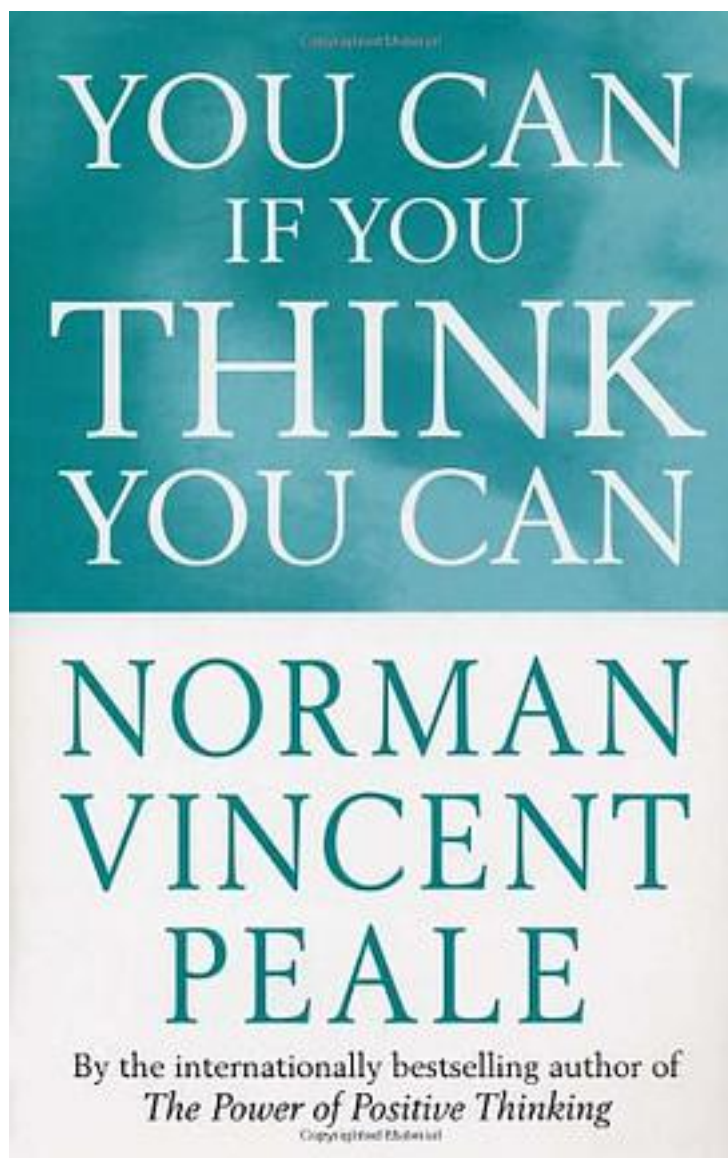


You Can If You Think You Can



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著者:Peale, Norman Vincent

出版者:Foundation for Christian Living

出版时间:1994-3

装帧:Hardcover

isbn:9780749310776

'This book is produced out of an enthusiastic belief in people and a desire to encourage them to take charge of their lives. If difficulties and problems are ganging up on you and your confidence is shaky, it is hoped that this book may make you realize that you can indeed handle whatever comes and handle it well. ' Norman Vincent Peale from his Letter to the reader. ITS ALWAYS TOO SOON TO QUIT Everyone has problems at some point in their lives. They occur every day in business, family and personal life. Sometimes they seem insurmountable, or there are just too many of them for us to feel able to cope. This book will give you hope -and practical strategies to face the future with confidence. You Can If You Think You Can shows you how to develop self-trust and motivation, how to forget fear and build calmness, how to recognise problems as challenges and how to tap all your inner resources to live your life to the full. (19980105)

作者介绍:

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