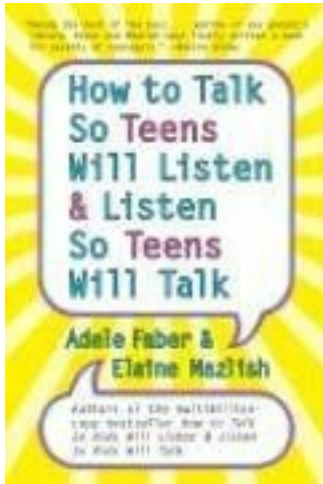


How to Talk So Teens Will Listen and Listen So Teens Will Talk



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Living with teenagers can be overwhelming. Overnight, it seems, the children you were once so close to turn into independent strangers with thoughts, tastes, and values all their own. And today's teens are growing up in a popular culture that is meaner, ruder, cruder, more materialistic, more sexualized, and more violent than ever before. What's a parent to do? How to Talk So Teens Will Listen and Listen So Teens Will Talk

Internationally acclaimed parenting experts Adele Faber and Elaine Mazlish have helped millions of families with their breakthrough, best-selling books *How to Talk So Kids Will Listen & Listen So Kids Will Talk*, *Siblings Without Rivalry*, and *Liberated Parents, Liberated Children*. Now, they return with a lively, down-to-earth guide that tackles the tough issues teens and parents face today. After years of research, lecturing, and feedback, Faber and Mazlish have developed an innovative approach to maintaining a candid, open, mutually respectful dialogue between parents and teens. It's a strategy that curbs conflict, reduces frustration, and promotes thoughtful communication about everything from curfews and drugs to schoolwork and sex.

Written in Faber and Mazlish's trademark accessible style, *How to Talk So Teens Will Listen & Listen So Teens Will Talk* takes you inside their acclaimed workshops where you will hear -- in the words of both parents and teens -- what's on the minds of families today. Packed with suggestions that are easy to implement, and reinforced with stories, line drawings, and "reminder" pages, this indispensable volume will help build a foundation for a healthy relationship that puts the emphasis on rapport rather than reprisals. From age-old concerns about cliques and dating to contemporary worries about binge drinking and cyberbullying, Faber and Mazlish help parents tackle problems before they get out of hand. In their warm, lucid, unpatronizing manner, the authors show families how to be supportive and stay connected during the challenging teenage years.

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