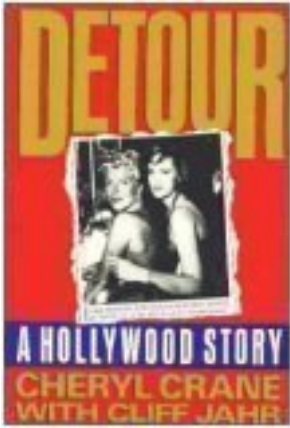


# Detour



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著者:Simon, Lizzie

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By all appearances, Lizzie Simon was perfect. She had an Ivy League education, lots of friends, a loving family, and a dazzling career as a theater producer by the age of twenty-three. But that wasn't enough: Lizzie still felt alone in the world, and largely misunderstood. Having been diagnosed with bipolar disorder as a teenager, she longed to meet others like herself; she wanted to hear the experiences of those who managed to move past their manic-depression and lead normal lives. So Lizzie hits the road, hoping to find "a herd of her own." Along the way she finds romance and madness, survivors and sufferers, and, somewhere between the lanes, herself. Part road trip, part love story, *Detour* is a fast-paced, enduring memoir that demystifies mental illness while it embraces the universally human struggle to become whole.

作者介绍:

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