

Happiness

A GUIDE TO DEVELOPING
LIFE'S MOST IMPORTANT SKILL

Happiness



Matthieu Ricard

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* Reminiscent of a handmade, one-of-a-kind keepsake, this fine gift book is bound with handmade paper to celebrate happiness. Poet, anthologist, and book artist Ingrid Goff-Maidoff makes keepsake tomes on the island of Martha's Vineyard. Now it is available nationwide with the same attention to detail-complete with tactile fine Japanese art paper binding, linen-like interior pages, and eloquently themed verses on the topic of happiness.

作者介绍:

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