

Write.

"As well researched and helpful a book
on writing as I've ever read."
—Kurt Vonnegut

Write. 10 Days to Overcome Writer's Block. Period.

Karen E. Peterson, Ph.D.

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著者:Peterson, Karen E.

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Sound familiar? This is what Dr. Karen E. Petersen - who has overcome writer's block herself - calls "the write-or-flight response." In this revolutionary book, psychologist

and novelist Karen E. Peterson presents an easy, effective way to beat writer's block in only ten days. Based on new brain research and sound psychological principles, this innovative program shows writers how to conquer writer's block using: exercises to conquer the "write-or-flight" response; techniques to creative that elusive "writing mood"; parallel monologue and interior dialogue to jump-start the writing process; and checklists to see which side of the brain is blocking you. With case examples and a healthy dollop of humour, "Write" helps both seasoned and neophyte writers to enjoy the process of sending their creativity - and productivity - soaring to new heights.

作者介绍:

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