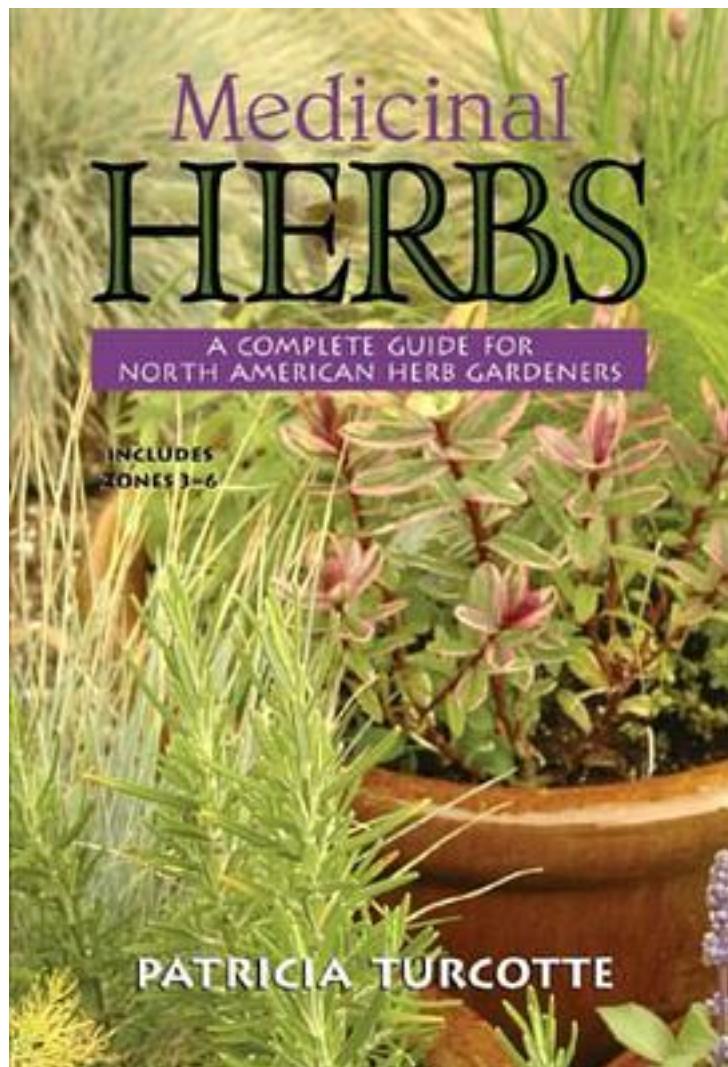


# Medicinal Herbs



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著者:Turcotte, Patricia

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This is the one and only book you'll need to learn, enjoy, and fully master herb gardening.

Practical, easy to use, and engagingly written, this book takes you through all stages of herb cultivation and use:

- Includes USDA Zones 3-6
- Preparing the soil
- Starting and caring for seedlings
- Placement and garden design
- Theme gardens, from Native American to Shakespearean
- Caring for container gardens
- Using nature's helpers—bees, butterflies, and birds
- Processing herbs
- Herbal use in cooking, teas, scented and decorative crafts, cleaning products, homeopathic remedies, and hygiene and beauty care

Dispersed throughout (and indexed for easy reference) are over 80 practical recipes, from New England seafood seasoning and lemon mint tea to aphid spray and moth bags to cough syrup and lozenges. There are 75 profiles of herbal plants, each summarizing appearances and uses, as well as methods of cultivation, propagation, and harvest. Turcotte's specific advice will be most useful to gardeners in zones 3-6; however, her general information on planting, growing, and harvesting, along with the recipes and plant profiles, will interest herb growers throughout North America. 33 black & white photographs, appendixes, index.

作者介绍:

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