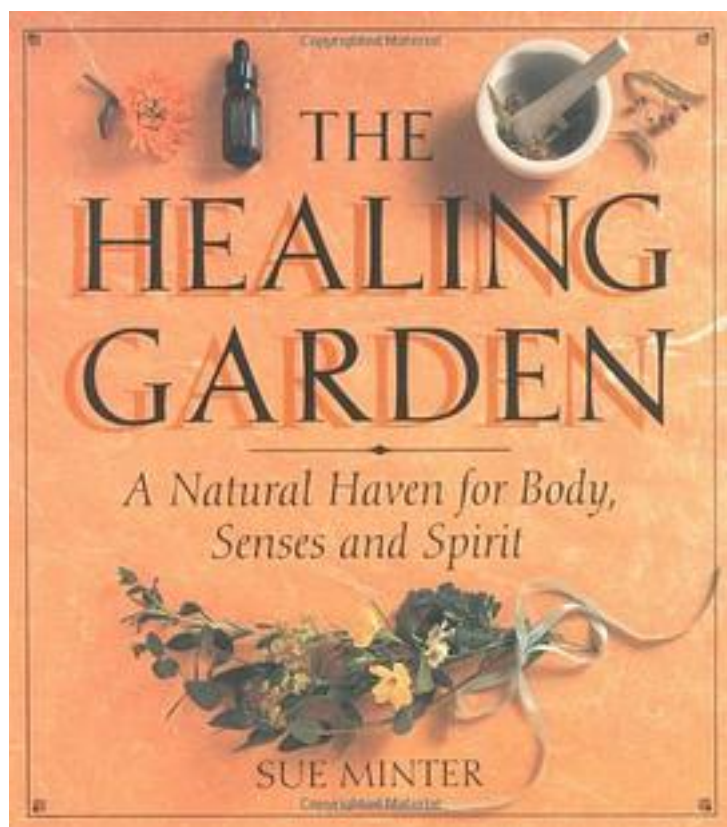


# The Healing Garden



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著者:Sue Minter

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A guide to planting to unleash the healing properties of your garden.

Completely revised and rewritten, Sue Minter's beautiful book on the healing properties of plants shows how to harness the healing potential of your own garden. The text covers both the history of plants that help humans, together with practical advice on creating a garden with healing properties — from plants for minor ailments,

to plants for a macro-biotic diet, to a secret garden as a fantasy, scented gardens, textured gardens, healing sounds, or, perhaps, a special feature such as a white garden. Extremely practical, it offers clear, step-by-step advice for gardeners with easily accessible charts for plant uses, how they should be applied and when and where to grow them.

作者介绍:

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